

KATHERINE A. QUERNA, MSSW**CURRICULUM VITAE**

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EDUCATION

University of Washington School of Social Work; Seattle, WA

PhD 2018

Dissertation: Identity development and change in polysexual emerging adult men

Columbia University School of Social Work, New York, NY

Masters of Science in Social Work 2008

Concentration: Advanced Generalist Practice and Programming; focus on mental health, substance use, and sexual health

Linfield College, McMinnville, OR

Bachelor of Science in Elementary Education 2003

Minor: Spanish

AWARDS, HONORS, GRANTS AND FELLOWSHIPS

Alene Moris NEW Leadership Institute Fellow 2017

Community Service Award, Susan G. Komen Puget Sound 2017

Smith Clinical Research Institute, Dissertation Award for LGBT Violence Research 2016

Graduate School Fund for Excellence and Innovation Travel Award 2016

Graduate and Professional Students of UW Travel Award 2016

University of Washington School of Social Work Travel Award 2016

TL1 Multidisciplinary Pre-doctoral Clinical Research Traineeship 2015-2016

University of Washington School of Social Work Travel Award 2015

Inter-professional Education Teaching Fellow, University of Washington 2014-2015

National Institutes of Health/Institute of Translational Health Science Clinical Research Translation Award 2014

Mae L. Wien Award for Excellence in Reproductive Health and Family Planning 2007-2008

RESEARCH INTERESTS AND EXPERIENCE

Gender, Sexuality and Health; Aggression and Violence; Stress Embodiment; Mindfulness-Based Interventions; Mindfulness and Contemplative Practices and Pedagogy in Social Work Practice and Curriculum; Mixed Research Methods; Feminist Research Methods; Community Based Participatory Research (CBPR).

Research Assistant**ALMA Project**

UW School of Public Health 2016-Present

Assist with a mixed methods, CBPR research and intervention study exploring the impact of a mindfulness based group intervention with Latina immigrants and Latinx service providers

Research Assistant**Greenwall Study**

UW School of Social Work

2016

Applied grounded theory methodology and a dyadic interviewing approach to analyze and report data with a sample of older adults and their adult children caregivers

Principal Investigator**Controlling Behaviors and Psychological Aggression: A Mixed Methods Exploratory Study**

National Institutes of Health Multidisciplinary Clinical Research Trainee, *Institute of Translational Health Sciences (ITHS)*

2015-2016

Used mixed methods (multivariate statistical analysis and content analysis) with a national sample of emerging adult men to explore their sexual, relationship, and aggression-related behavior. Conducted a systematic literature review on psychological aggression perpetration in emerging adult men

Research Analyst**Guys Turn Study**

Collaborative Health and Prevention Research Group, UW School of Social Work

2012-2016

Applied various statistical methods (hierarchical regression analysis, generalized linear modeling, path analysis) to explore men's attitudes and behaviors related to various sexual and aggression-related risk and safety variables

Research Assistant

MSW Program and Social Justice Curriculum, UW School of Social Work

2014

Conducted semi-structured interviews of faculty at various Schools of Social Work to explore social justice pedagogy in curriculum

Research Scientist

Health Research Associates, Mountlake Terrace, WA

2010-2012

Coordinate, implement, evaluate, and report patient reported outcomes research

Qualitative Research Consultant/Technical Writer

Mt. Sinai School of Medicine, New York, NY

2010-2010

Managed and coded data, verified methodology, and synthesized findings for a project focused on health impacts of deforestation in Mozambique

Research Consultant/Co-Author**SEED/SUUBI Research Program**

Mt. Sinai School of Medicine and Columbia University School of Social Work, New York, NY

2008

Co-authored paper focused on a multivariate empowerment intervention targeting orphans in Uganda

Research Assistant/Technical Writer**Violence Against Women Project**

Columbia University School of Social Work, New York, NY

2007-2008

Analyzed qualitative results and made intervention recommendations regarding violence against women in select East-African countries, resulting in published Oxfam report by *"Violence Against Women: Field Baseline Assessment-Kenya, Uganda, and Tanzania"*

Research Assistant

Social Intervention Group, Columbia University School of Social Work, New York, NY

2007-2008

Assisted with qualitative and quantitative projects focused on violence and HIV/AIDS

TEACHING INTERESTS AND EXPERIENCE

Experience: Social Work Research and Evaluation (MSW, 505/506); Intellectual and Historical Foundations of Social Work (HUB, 500), Contemplative Practices in Higher Education; Introduction to Social Work Practice (200); Social Work Practice with Groups; Qualitative Research Methods; Sex, Love, and the Internet; HIV/AIDS.

Interests: Human Sexuality, Gender, and Development; Stress Embodiment; Social Work Micro and Macro Practice; Interdisciplinary Studies; Translational Research; Feminist History, Theory, and Methodologies; CBPR.

Social Work and Higher Education Instruction**Instructor, MSW Program**

University of Washington School of Social Work

2015-2017

Teach and mentor MSW students in a two-quarter foundational research course

Master Teacher, UW Center for Teaching and Learning, Contemplative Pedagogues in Anti-Oppressive Curriculum

University of Washington

2015-2016

Developed curriculum and lead two quarters of an interprofessional faculty/staff/student learning community focused on contemplative pedagogy and practice in the social justice-oriented classroom

Instructor, Health Sciences Schools

University of Washington School of Medicine Interprofessional Education Program (IPE)

2014-2015

Co-facilitated an interprofessional education program for students across the UW Health Sciences schools

Co-Instructor, MSW Program

University of Washington School of Social Work

2013

Completed teaching practicum for Intellectual and Social Foundations of Social Work

Teaching Assistant, BSW Program

University of Washington School of Social Work

2012-2014

Undergraduate Introduction to Social Work Practice

Adjunct Instructor, Alcohol / Drug Counseling Program

Bellevue College, Bellevue, WA

2011-2015

Designed curriculum and taught course on focused on behavioral addictions

Adjunct Instructor, Psychology Department

Highline Community College, Des Moines, WA

2010-2012

Designed curriculum and taught two courses "Understanding AIDS" (one online and one campus-based)

PEER-REVIEWED PUBLICATIONS

Masters, N.T., Morrison, D.M., **Querna**, K., Casey, E.A., Beadnell, B. (In press). Having "the talk": Correlates of young men's intention to discuss birth control with female partners. *Perspectives in Sexual and Reproductive Health*.

Shaw, J., McLean, K.C., Taylor, B., Swartout, K., and **Querna**, K. (2016). Beyond resilience: Why we need to look at systems too. *Psychology of Violence*, 6(1), 34.

Casey, E., **Querna**, K., Masters, N., & Blair, B., Wells, E., Morrison, D., Hoppe, M. (2015). Patterns of intimate partner violence and sexual risk behavior among young heterosexually active men, *Journal of Sex Research*, 53(2), 239-250.

Querna, K. (2008). Designer vaginas. *Columbia School of Social Work Journal*, 6, 57-67.

PUBLICATIONS UNDER REVIEW

Querna, K. (Under review at *Trauma, Violence, and Abuse*). A systematic review of risk factors associated with psychological aggression perpetration in heterosexual emerging adult men.

PEER-REVIEWED PRESENTATIONS

Querna, K. (2017). *Promoting social justice and resilience through contemplative practices in the classroom*. Presentation and poster presented at the Resilience Conference, Nashville, TN.

Yuan, N.P, Goforth, K., Howell, K., Miller-Graff, L., **Querna**, K., Schulz, K. & Wamser-Nanney, R. (2017). *The conundrum of promoting community-based participatory research on violence, trauma, and resilience, while facing barriers to achieving success*. Moderated panel session presented at the Resilience Conference, Nashville, TN.

Querna, K. (2017). *Non-physical aggression in emerging adult men*. Paper presented at American Men's Studies Conference. Ann Arbor, MI.

Querna, K. & Weller, I. (2017, April). *Contemplative and somatic approaches to critical masculinities in the classroom*. Workshop presented at American Men's Studies Conference. Ann Arbor, MI.

Querna, K., Ranchigoda, T., & Meyers, M. (2016). *Using competency assessments to evaluate contemplative practices in social justice education*. Council on Social Work Education Conference, Atlanta, GA.

- Meyers, M., **Querna**, K. & Ranchigoda, T. (2016). *Contemplating justice: Contemplative practices in Social justice-oriented social work education*. Council on Social Work Education Conference. Atlanta, GA.
- Meyers, M., **Querna**, L, & Ranchigoda, T. (2016). *Teaching Justice: The use and evaluation of mindfulness and compassion practices in social work education*. Poster presented at International Contemplative Studies Conference, San Diego, CA.
- Querna**, K. (2016). *Contemplative pedagogies in higher education: Bringing our whole selves to our work with students and colleagues*. International Contemplative Studies Conference, San Diego, CA.
- Querna**, K. (2016). *Controlling behaviors in emerging adult cis-gender heterosexual men*. Qualitative Health Research Conference, University of Alberta, Kelowna, BC.
- Querna**, K. (2015). *Contemplative pedagogy in social work curriculum*. Panel presented at The Association for the Contemplative Mind in Higher Education Conference, Washington, D.C.
- Querna**, K. (2015). *Whole person mentorship*. Poster presented at The Association for the Contemplative Mind in Higher Education Conference, Washington, D.C.
- Querna**, K. (2015). *Modeling mentorship*. Presented at the Virtues, Narratives, and Resilience Conference, Sewanee, TN.
- Querna**, K. (2014). *Intimate partner violence and sexual risk among young heterosexual men*. Paper presented at the Psychosocial Workshop Annual Conference, Boston, MA.
- Querna**, K. (2013). *Intimate partner violence and sexual risk in a diverse sample of heterosexual men*. Poster presented at the International Academy of Sex Research Annual Conference, Chicago, IL.
- Ssewmalala, F., Nabunya, P., Alicea, S., & **Querna** (2008). *Exploring mentorship as a supplement component to interventions targeting orphans and vulnerable children*. Paper presented at the Annual Conference of the Society for Social Work Research (SSWR), Washington D.C.

PUBLIC SCHOLARSHIP

Community Instruction and Facilitation

Sexual Health/IPV Consultant

Country Doctor Clinic, Seattle, WA

10/2016-Present

Consult on sexual health and relationship violence issues for health care providers

Adaptive Yoga Instructor, Specialized Programs

Seattle Parks and Recreation, Seattle, WA

2016-Present

Teach yoga and meditation to youth and adults with cognitive, emotional, and/or physical disabilities

Mental Health Consultant

Trader Joes Grocery Store, Seattle, WA

2016-2017

Consult on supporting well-being for staff and managing mental health emergencies for managers

Public Lectures

Ornelas, I., Mauer, S., Ryan, D., Lengua, L., Duran, B., **Querna, K.**, Blancas, M. (2017). Amigas Latinas Motivando el Alma (ALMA): Using mindfulness to reduce mental health disparities among Latina immigrant women. Mindful Families, Schools, and Communities: Contemplative Practices to Promote Child and Family Well-Being. Seattle, WA.

Querna, K. (2017). *Assessment and intervention of non-physical aggression*. Family Court of King County, Seattle, WA.

Querna, K. (2016). *Tossing out the binary: Transforming gender norms to improve health*. Scholars Studio, University of Washington, Seattle, WA.

Querna, K. (2015). *Doing Science: Exploring the research process through gender and sexuality studies*. Pacific Science Center, Seattle, WA.

Querna, K. (2015). *Relationship violence*. Presentation/workshop for students at the University of Washington through the Sexual Assault and Relationship Violence Activists (SARVA), Seattle, WA.

ADDITIONAL PROFESSIONAL EXPERIENCE (POST MSSW)

Assistant Field Supervisor, PITCH Study (funded by Centers for Disease Control and Prevention)

Public Health Seattle/King County, Seattle, WA

2012

Assisted in coordination, implementation, and reporting for an HIV risk behavioral surveillance study. Conducted field and on-site interviews, HIV and Hepatitis C testing, and connection to resources with study participants. Assisted in supervision of staff

Mental Health Therapist

YWCA Seattle/King County, Seattle, WA

2010

Provided mental health therapy to HIV+, Spanish and English-speaking women and collaborated with other clinicians to design and evaluate therapeutic protocols for program

Bilingual STEP Treatment Education Coordinator

Lifelong AIDS Alliance, Seattle, WA

2008-2010

Designed and delivered evidence-based HIV/AIDS treatment education and targeted behavior change interventions with groups and individuals. Coordinated educational opportunities, and monitored and evaluated program efficacy and outcomes

UNIVERSITY, DISCIPLINARY, AND COMMUNITY SERVICE

University Service

Member, UW President's Task Force, Sexual Assault Prevention and Response	2014-Present
Member, Faculty Council on Student Affairs	2016-2017
Member, University of Washington Committee on Student Safety	2014-2017
Member, Washington State Student Association Ending Sexual Violence Task Force	2014-2015
Member, Student Speaker Series Committee UW School of Social Work	2014-2015
Member, Student Advisory Council UW School of Social Work	2014-2015
Member, WA State HIV Prevention Planning Committee	2011-2012
Member, AIDS Clinical Trials Unit Community Advisory Board	2008-2010
Member, Faculty Committee for Field Education Policy	2007-2008

Community Service

Member, Susan G. Komen LGBTQ Health Initiative Advisory Board	2015-Present
Volunteer, Outdoors for All	2015-Present
Volunteer, The Northwest Network for LGBTQ Survivors of Domestic Violence	2015-Present
Volunteer, Lifelong (formerly Lifelong AIDS Alliance)	2011-Present

Disciplinary Service

Reviewer for <i>Perspectives on Social Work</i>	2013-Present
Reviewer for WA State HIV/AIDS Materials Review Panel	2011-Present

PROFESSIONAL AFFILIATIONS

International Institute of Qualitative Methodology	2016-Present
The Scholars Strategy Network	2016-Present
The Coalition to End Gender-Based Violence	2015-Present
American Men's Studies Association	2015-Present
Association for the Contemplative Mind in Higher Education	2014-Present
International Association of Sex Researchers	2012-Present
National Association of Social Workers	2010-Present

ADDITIONAL TRAINING

Neuroscience and Yoga in the Treatment of Trauma	2016
Thinking Qualitatively Workshops, International Institute for Qualitative Methodology	2016
The Association for the Contemplative Mind in Higher Education	
Summer Session on Contemplative Higher Education	2015
The Samarya Center, Yoga Teacher Training	
Certified Yoga Teacher-200 hours	2015

LANGUAGES

Spanish – speak/read/write with proficiency

REFERENCES

Clara Berridge, Assistant Professor
UW School of Social Work
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