Nearly half of the states have banned, or will soon ban, abortion after Roe v. Wade was overturned June 24, 2022. A recent onslaught of anti-abortion legislation will criminalize people who receive, perform, or aid in the access of abortions.

Here are the health consequences

**People who are denied a wanted abortion experience:**

- Elevated levels of anxiety & stress
- Increases in poverty, debt & eviction
- Worse child development outcomes for their existing children as compared to children of people who received an abortion

Source: The Tumulty study [link](https://www.npr.org/2022/06/24/1099075658)

Benning abortion will result in increased criminalization of pregnant people, and will have detrimental health effects on individuals, their families, and communities.

Expanded policing and incarceration disproportionately harms Black, Indigenous, migrant, disabled, working class, and trans people.

The US has one of the highest maternal morbidity and mortality rates amongst higher-income countries.

States with more restrictive abortion policies have higher maternal mortality and weaker policies & services that support the health & well-being of pregnant people.

Sources: American Journal of Preventive Medicine [link](https://www.ajpmonline.org/)

Abortion is an extremely safe procedure. Pregnant people are 14 times more likely to die during or after birth compared to receiving an abortion.

Overturning Roe v. Wade will result in more pregnancies carried to term, which can lead to more pregnancy-related complications and even death.

Source: Obstetrics and gynecology [link](https://www.ncbi.nlm.nih.gov/pubmed/)

What can any of us do about this?

- Combat misinformation & share accurate information
- Speak up and not be complicit in criminalization of pregnancy
- Share resources for support:
  - Confidential hotlines
  - Sources for free legal advice
  - Secure info on getting an abortion

Links to resources at [Link](https://www.themidlifemama.org)