

Karen Wollemborg LCSWR, LICSW

Licensing and Certifications

Licensed Independent Clinical Social Worker , Washington State	<i>Feb. 2021</i>
Licensed Clinical Social Worker , New York State	<i>Feb. 2014</i>
Seminar in Field Instruction , Columbia School of Social Work	<i>Jan. 2014</i>

Education

Columbia School of Social Work , New York, NY	<i>May 2010</i>
Master of Science in Social Work	
Method / Field of Practice: Clinical / Health, Mental Health & Disability	

Tufts University , Medford, MA	<i>May 2006</i>
Bachelor of Arts, <i>magna cum laude</i>	
Major: Sociology / Minor: Political Science	

Professional Experience

Silberman School of Social Work at Hunter College, New York, NY

Field Advisor/Adjunct Lecturer

Aug. 2018 – May 2020

- Primary resource for field education advising for a cohort of up to 16 students for both their 1st and 2nd years and assignment of Field Education grade
- Facilitate monthly advising seminars for students to provide support and feedback around growth and challenges during fieldwork
- Meet with each student individually to plan for their course of study
- Support agency field instructors and task supervisors as it pertains to the students' professional practice and act as liaison with Silberman's Field Department
- Facilitate site-visits to assess students' learning and address any issues/challenges that may arise

Brooklyn Center for Psychotherapy: School Based Mental Health Program, Brooklyn, NY

Clinical Supervisor (Part-time)

Sept. 2018 – June 2020

- Facilitate development of a new school-based counseling program at High School with approx. 4000 students
- Design program structure within the school environment and programmatic interventions at a school-wide, classroom, and individual level
- Provide clinical supervision for full-time social worker
- Conduct professional development workshops for teachers and school staff on social-emotional learning, identifying mental health needs in the classroom, self-care, trauma informed schools, de-escalation, and crisis intervention
- Conduct in classroom presentations on various topics, including mental health, stress management, and coping skills
- Provide on-going consultation to Guidance Counselors and school staff
- Provide weekly individual counseling for small caseload and crisis intervention/assessment as needed

Senior Social Worker

Sept. 2014 – Aug. 2018

- Provided weekly individual psychotherapy therapy for students in program at a K-8th grade school, as well as, crisis management and recommendations to school staff regarding enrolled students as needed
- Maintained detailed documentation of all client/family/collateral/staff contacts and progress, including psychosocial evaluations, quarterly treatment plans, and progress notes
- Acted as a mental health consultant for school, including providing outside referrals for families, resources for staff and feedback around meeting the social-emotional needs of students
- Conducted professional development on mental health needs in the classroom and behavior management techniques
- Conducted parent workshops on behavior management, self-care and identifying mental health issues
- Participated in group supervision with colleagues in other school-based clinics
- Worked collaboratively with all school staff and attend school based support team meetings

Columbia School of Social Work, New York, NY

Advisor/Adjunct Lecturer

Jan. - July 2018

- Primary resource for both academic and field education advising for a cohort of up to 20 students and assignment of Field Education grade
- Facilitated monthly advising seminars for students following curriculum on topics including preparation for the profession, self-care, anti-oppressive social work practice and social justice
- Met with each student individually to plan for their course of study
- Supported agency field instructors and task supervisors as it pertains to the students' professional practice and act as liaison with CSSW's Field Department
- Facilitated site-visits to assess students' learning and address any issues/challenges that may arise

Jewish Child Care Association: Brooklyn Child and Adolescent Guidance Center, Brooklyn, NY

Senior Social Worker

Nov. 2010 – Aug. 2014

- Provided both individual and family psychotherapy for an ongoing caseload of 35-42 clients ages 4-21 with Axis I diagnoses, including crisis intervention as needed
- Provided initial and on-going assessments of client presentation, functioning, and needs
- Maintained detailed documentation of all client/family/collateral contacts and progress, including quarterly treatment plans, progress notes, and psychosocial evaluations according to the regulations of NYC DOHMH and NYS OMH
- Worked collaboratively with other service providers, including psychiatrists, psychologists, teachers, guidance counselors, case managers and ACS, as well as attend clinical case conferences and staff program meetings
- Provided clinical and task supervision for part-time therapists and 2nd year clinical social work interns
- Completed utilization reviews of clinic charts

Mt. Sinai Adolescent Health Center, New York, NY

Clinical Social Work Intern

Sept. 2009 - May 2010

- Conducted mental health intakes and assessments for adolescents ages 12-21
- Completed psychosocial evaluations, including DSM IV diagnosis, comprehensive treatment plans consistent with NYS OMH standards, case presentations to mental health team, and quarterly treatment updates
- Provided both short-term crisis intervention and long-term psychotherapy for an ongoing caseload of 8-10 adolescents
- Coordinated with collateral contacts including families, schools, ACS, and other relevant agencies or participants
- Participated in primary care social work once a week by receiving referrals from medical staff to provide assessments, crisis intervention, supportive counseling, and health education, including pregnancy options counseling, contraceptive options, and STI/HIV prevention education
- Conducted health literacy assessments utilizing REALM screening tool with HIV positive youth

Lenox Hill Hospital, New York, NY

Medical Social Work Intern

Jan. 2009 - Aug. 2009

- Performed medical social work tasks including discharge planning, connecting patients with community resources, conducting psychosocial assessments, and providing emotional support to patients and their families
- Assisted unit social workers with case load through floor rotations including geriatric, maternal/infant health, cardiac, surgical, and emergency care patients
- Worked as a part of an interdisciplinary team under the Assistant Director of Patient Care
- Employed during summer to provide coverage for unit social workers and worked independently on new medical/surgical unit

Public Health Solutions: MIC Women's Health Services, Brooklyn, NY

Social Work Intern

Sept. 2008 - Dec. 2008

- Supported social work and nursing staff at two different clinics as part of an interdisciplinary team
- Conducted options counseling for women getting pregnancy tests, HIV pre- and post-test counseling, Behavioral Risk Factor screenings for new patients, and psychosocial assessments

- Provided short-term supportive counseling to prenatal adolescent patients
- Performed outreach by visiting a nearby high school and co-facilitating a group with pregnant teens and teen mothers regarding reproductive health

KidsPeace: Specialized Foster Care, Washington, DC

Case Aide

Feb. 2008 - Aug. 2008

- Organized and supervised reunification and sibling visits for foster children
- Accompanied foster children to medical appointments, court hearings, and new foster homes
- Assisted social workers with case management tasks, service progress notes, and updating client files
- Participated as a part of the clinical team and provided input in treatment plans

Trainings/Conferences

Acceptance & Commitment Therapy	<i>Nov 2020</i>
Internal Family Systems Therapy	<i>Jan 2020</i>
Trauma Informed Schools	<i>Feb 2019</i>
Behavior Management for Classroom Success	<i>Feb 2017</i>
Annual School Mental Health Symposium	<i>Jan 2017</i>
Mental Health Issues in the Classroom	<i>Mar 2016</i>
Child-Parent Psychotherapy (CPP)	<i>May 2013-Aug 2014</i>
Play Therapy	<i>2012 & 2015</i>
Motivational Interviewing	<i>2010 & 2013</i>