**Tanya Ranchigoda, MSW, LICSW**

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# EDUCATION and LICENSURE

*Master of Social Work* California State University, Long Beach

* Thesis: *A comparative study of Sri Lankan Americans’ perceptions of suicide as a mental and moral illness.*

 *Bachelor of Arts, Psychology*  University of Colorado, Boulder

 *Social Worker Independent Clinical Licensure*  Washington, January 2005

*Preparing to Teach: Instructional Theory and Practice,* Fall 2014

 University of Washington,

 School of Social Work, Ph.D Program

# SPECIALIZED CERTIFICATIONS

* Approved LICSW Supervisor, 2009
* Critical Incident Stress Debriefing, 2010
* Mindfulness Based Stress Reduction, 2010
* Gottman Method Couple Therapy, Level 1: Bridging the Couple Chasm, 2018
* Dialectical Behavior Therapy Training, Comtois Lab, UW Department of Psychiatry, 2019

# PROFESSIONAL EXPERIENCE

 *August 2020 – Current*

Clinical Director, MEND

* Hires, supports, develops, and oversees clinical team
* Developing and implementing clinical tools, and curriculum as needed
* Works with staff in hiring MEND in/extern team
* Assists with facilitating community connections and marketing needs
* Ensures clinical services under supervisors are in compliance with the requirements as identified by county, state, and federal regulation agencies

 *March 2015 – Current*

External Diversity, Equity, and Inclusion Consultant

* Provides evaluation and assessment of an organization's culture
* Develops tailored program to address the unique needs identified
* Offers education and professional development
* Facilitates inclusive leadership workshops

*February 2010 – Current*

## Private Practice Clinical Social Worker & Clinical Supervisor

* Private Practice Owner
* Provides mental health therapy to adolescents and adults
* Provides clinical individual and group supervision to MSWs seeking licensure
* Focuses on mindfulness and relational cultural theory

*September 2010 – Current*

Adjunct Faculty Lecturer University of Washington, School of Social Work

* Provides academic instruction for Social Work graduate students
* Co-Chair Clinical Social Work Practice Concentration
* Instruction focuses on micro/meso practice and assessment of mental health
* Practices through social justice and liberatory lenses
* Supports new adjunct faculty
* Collaborates with instructional teams on content development

*January 2018 – March 2019*

Lecturer *Seattle University, School of Social Work*

* Provides academic instruction for graduate students in the School of Social Work
* Instruction focuses on micro/meso practice and assessment for direct family work
* Teaches specifically through social justice lens

*May 2002 – March 2010*

##  Pediatric Medical Social Worker *Seattle Children’s Hospital and Medical Center*

## Provided psychosocial services to pediatric obesity patients ages 2 ‐11 and their families, including psychosocial assessment, crisis intervention, therapeutic counseling, resources management, and advocacy.

*March 2010 – March 2011*

##  Pediatric Oncology Social Worker *Seattle Children’s Hospital and Medical Center*

* Seattle Children’s Hospital and Regional Medical Center; Seattle, Washington Provided psychosocial services to pediatric cancer patients and their families, including psychosocial assessment, crisis intervention, bereavement counseling, group facilitation, resource management, and advocacy. `

 *August 2004 – June 2007*

## Sibshops Facilitator *Seattle Children’s Hospital and Medical Center*

* Seattle Children’s Hospital and Regional Medical Center; Seattle, Washington Coordinated and facilitated sibling support groups for children who had a sibling with special health care needs.

 August 2001 – May 2002

Emergency Room Social Worker *Seattle Children’s Hospital and Medical Center*

* Provided culturally relevant and developmentally specific psychosocial assessments for children and families in abuse, neglect, and imminent death situations.
* Performed emergent crisis intervention, risk assessment, and acute psychiatric evaluations of emergency room patients and families.

October 2001 – May 2002

Child Welfare Social Worker Adolescent Unit, DSHS Seattle

* Provided case management, crisis intervention, legal advocacy, and resource management to youth ages 12‐18 in foster or relative care.

# TEACHING AND CONSULTATION

 *Adjunct Faculty Lecturer,* Graduate School of Social Work, University of Washington

 September 2010 – Current

Advanced Practice with Diverse Children and Families (SW515)

Mirco/Mezzo Practice I: Individuals, Families, Groups (SW510 & SW511)

Assessment of Mental Disorders (SW571)

Independent Study with 2nd Year Grad Students

Co-Chair for Clinical Social Work Concentration

*Adjunct Lecturer,* Graduate School of Social Work, Seattle University

January 2018 – April 2019

Family Practice

*Instructional Assistant*, Graduate Social of Social Work, University of Washington

 March 2010 – June 2010

 Advanced Social Work Practice

 *Practicum Instructor*, Graduate School of Social Work, University of Washington

 June 2003 – June 2009

 *Co‐Facilitator of Anger Management Class,* Catholic Community Services

 February 2009 – October 2009

 *Volunteer Mental Health Specialist,* Helping Honduras Kids, La Ceiba, Honduras October 2007 – February 2008

**PEER REVIEWED and INVITATION PRESENTATIONS**

Ranchigoda, T (September 2019). *Engaging Your Authentic Self at Work.* Edward Jones Diversity Summit, Portland, OR.

Meyers, M. & Ranchigoda, T. (April 2018) *The Mindful and Compassionate Practitioner: From personal development to professional resilience*. 1st Annual Mental Health & Self-Care for Social Work Practioners, Seattle, WA.

Cantu, A., Taliesin, K, & Ranchigoda, T. (April 2018). Panel: *Asserting Boundaries in a Professional Context*.  1st Annual Mental Health & Self-Care for Social Work Practitioners, Seattle, WA.

Ranchigoda, T. (May 2017). *Power, Privilege, and Identity.* Edward Jones Diversity Summit, Toronto, Canada.

Meyers, M., Querna, K., & Ranchigoda, T. (November 2016) *Teaching Justice: The Use and Evaluation of Mindfulness and Compassion Practices in Social Work Education*. Poster presentation for the International Symposium for Contemplative Studies 2016, San Diego, CA.

Meyers, M., Querna, K., & Ranchigoda, T. (November 2016)  *Contemplating Justice: Contemplative Practices in Social Justice Oriented Social Work Education*. Joint presentation for Council on Social Work Education 62nd Annual Program Meeting, Atlanta, GA.

Ranchigoda, T. (October 2016). *Mindfulness: A Path Toward Social Justice*. Washington

 Association of School Social Workers, Annual Conference 2016, Seattle, WA.

Ranchigoda, T. (May 2016). *Power, Privilege, and Identity.* Edward Jones Diversity Summit, Orlando, FL.

Groshong, L. & Ranchigoda, T. (January 2016). *Code Fried: DSM‐5 and ICD‐10‐CM Overview*, sponsored by National Association of Social Workers and Washington State Society of Clinical Social Workers, Compass Health, Federal Way, WA

 Meyers, M., Querna, K., & Ranchigoda, T. (October 2015) *Integrating*

*Mindfulness Practices into Social Work and Social Justice Education.* Panel presentation for the Association for Contemplative Mind in Higher Education 7th Conference, Washington, DC.

Ranchigoda, T. (November 2015). *Power, Privilege, and Identity.* Edward Jones Diversity Summit, Bellevue, WA.

Groshong, L. & Ranchigoda, T. (June 2015). *Code Fried: DSM‐5 and ICD‐10‐CM Overview*, sponsored by Washington State Coalition of Mental Health Professionals and Consumers, Glaser Auditorium, Swedish Hospital, Seattle, WA

*Pediatric Obesity: Putting Current Recommendations into Clinical and Community*

*Practice*, Presented at Washington State Dietetic Association, Educational Conference 2011, Yakima, WA. April 2011.

*Circle of Care: Child Protection and Medical Intervention*, Presented at American

Professional Society on the Abuse of Children 15th Annual National Colloquium, Boston, MA. July 2007.

*Child Life and Social Work: Friends or Foes? A Collaborative Approach to MultiDisciplinary Psychosocial Care.* Presented at Association of Pediatric Oncology Social Workers, 30th Annual Conference, Toronto, Canada. May 2006.

*The Specifics of Psychosocial Care In Oncology Treatment.* Presented at Collaborative

Family Healthcare Association, 7th Annual Conference, Seattle, WA. October 2005.

*The Impacts of Treating a Juvenile Sex Offender in a Pediatric Oncology Setting.*

Presented at Association of Pediatric Oncology Social Workers, 28th Annual Conference, St. Louis, MO. May 2003.

*Coping Skills for Having a Child with Cancer,* Facilitated family support group. Cancer Lifeline, Seattle, WA. April 2003.

# PROFESSIONAL AFFILIATIONS & AWARDS

 *National Association of Social Workers*

 *Washington State Society for Clinical Social Workers*

 *Board Member, Professional Development Co‐Chair (June 2013‐April 2015)*

 *Multicultural Counselors of Washington*

 *Integration of Social Justice into Clinical Practice*, Awarded by Washington State Society for Clinical

Social Work, 2019

# LANGUAGES

*Conversational Spanish*