Education

University of Washington, Seattle, WA

Master of Social Work, June 2009

Evergreen State College, Tacoma, WA

Bachelor of Liberal Arts, June 2005

CURRENT EMPLOYMENT

*Lecturer (part-time), UW School of Social Work; September 01, 2015 – Present*

Taught Introduction to Clinical Social Work (SSW 510). Collaborated with the multi-talented faculty team to introduce graduate social work students to counseling, therapeutic and other services for individuals, families and other groups. Course readings and discussion helped them develop familiarity with the research and knowledge that guide social work practice. I amended and organized the beginning graduate theory and practice curricula for the spring quarter of SSW 510 evening learners, cohort B.

*Clinical Supervisor at CCAP for Sound Mental Health; November 01, 2009 – Present*

Education Coordinator of Behavioral Health. My supervisory and administrative responsibilities include: (1) providing on-going training, development and supporting staff provision of 124 hours of therapeutic group interactions, occurring weekly in five three-hour am and four pm blocks during the week; (2) supporting all associated 1x1 counseling and case work linkage delivered by me and my staff of nine FT social workers and 2—5 social work Interns. I also maintain a client caseload providing individual and group counseling support to 10—15 adjudicating, domestic violence perpetrators. With social work’s well-documented turnover, I’m always teaching and reinforcing Social Work’s field competencies, while using and supervising the deployment of evidence-based and promising practice clinical interventions. Examples include MI, CBT, all the SUD interventions required by the WAC; even Seeking Safety, DBT and MRT. Related services encompass treating both internalizing and externalizing D/Os of our trauma-saturated population.

As Program Manager I facilitate all clinically indicated individual treatment, with corresponding consultation and court reporting for the MRT-B.I.P. Pilot Therapeutic Community treatment group as a randomized controlled clinical trial of this important therapeutic modality for adjudicating batterers.

Through supportive supervision, case consultations and other resources I collaborate with a staff of twelve full-time Mental Health and Chemical Dependency Professionals along with as many as five graduate student Field Interns. This team interfaces with the three other staff agencies of CCAP.

My work also enhances the functional, cross-professional communication required by this national model program. We combine the forensic safeguards of the hosting Department of Adult and Juvenile Detention, the disability services of DSHS, the Education and retraining help of South Seattle Community College and the behavioral health services of my Sound Mental Health employer.

PREVIOUS Employment

*S.M.H. Mental Health Clinician July 08, 2009 to October 31, 2009*

* Provided MHP services including efficient and effective applications of DSM-IV-TR decision trees in the diagnosis and symptom corresponding placement in therapeutic groups of predominately co-occurring offenders fighting often severe and persistent mental illness while simultaneously facing persistent recidivism in King County’s national model Community Center for Alternative Programs (CCAP).
* Made chemical dependency evaluations per DSM-IV-TR and ASAM-PPC-II for the determination of addiction severity and the correspondingly appropriate treatment level assignment of persons presenting with substance us disorders.

*Therapeutic Health Services; June 15, 2008 –June 03, 2009 Therapist/MSWC*

* Offered cognitive, psychodynamic and supportive counseling to service-users and their families;
* Used case managed support services to enable service-users to lead the fullest lives possible, emphasizing the recovery paradigm of the Regional Support Network.
* Engaged and made referrals to, other community partners/agencies;
* Participated in multidisciplinary teams, for Co-Occurring Client’s optimum behavioral health;
* Maintained accurate records with exclusively electronic charting.
* Prepared reports for legal proceedings.

*Renton Clinic @ CRC Corporation; July 05, 2002 – September 25, 2007 Counselor-Case Manager*

* Provided individual and group counseling sessions per WAC state & DASA D.O.H. Best Practice guidelines for the Opiate Maintenance Treatment modality.
* Used experience in sales and marketing to develop and expand this methadone agency’s census.
* Established relations with south King County urgent care agencies serving the opiate-addicted population.
* Made power-point presentations on OMT focused on benefits and processes of treatment completion
* Recognized for increasing the agency’s average census from about 200 to 350 in less than a year.
* Facilitated group therapy, individual counseling, educational class sessions, aftercare, and follow-up groups dependent upon education and experience.

*Arunga & Associates; September 15, 1998 – August 01, 2002*

*Consultant and Volunteer Coordinator Southshore Middle School & the African American Academy*

* Recruited, mobilized and coordinated parent volunteers in grades 7 and 8.
* Assisted teachers and administration in school activities to build community.
* Maintained relationships with 7th and 8th grade class parent team coordinators and middle school guidance counselors; contacted persons for 7th and 8th grade teachers with need for assistance; attended PTSA executive board meetings; reported on volunteer needs and successes in e-news and school newsletter; assisted nominating committee in identifying potential leaders.
* Taught American and African American history and music modules during and after school.

Primerica Financial Services; June 1990 – August 1998

* Provided essential life insurance, mutual funds and home loans to expanding customer base.
* Recruited and trained growing team of salespeople to market these products to informed prospects.
* Taught classes in the elements and regulation of financial services products and their sales.
* Maintained appropriate records and licensure for the conducting of fair business practice in WA state for ten years.

*Previous (1982-1990)* non-professional work experience: Telephone Operator @ Pacific NW Bell.

Selected Conference Papers and PRESENTATIONS

“American Society of Addiction Medicine (ASAM) Criteria—the Optimal Utilization of this Manualized Treatment Model for the Effective Continuous Care of Addictive Disorders.” For the Seattle Central College Department of Social and Human Services; (November, 2015)

“Why and How We Celebrate Kwanzaa—A Sharing and Celebration of Community.” Skyline Social Action Committee of the Skyline and Terraces Geriatric Community, a division of the Lutheran Senior Community of the City of Seattle; Seattle WA (December, 2015)

“Ebonics in the Pursuit of Language Legitimacy—How Language Politicization Undermines Public Instruction. “ National Conference of the Association for the Study of Classical African Civilizations; Seattle WA (March 2015)

“African American Bi-Culturality for Educational Excellence.” National African American Parent Involvement Day at Southshore School; Seattle WA (April, 2014).

“Discerning *Schooling* From *Education* In Becoming Liberatory Parents of Successful Students” National African American Parent Involvement Day at Southshore School; Seattle WA (April, 2013).

“Mental Illness—Drug Addiction Recognition, Recovery and Resilience, Contextualized by A Psycho-Cultural Theory of Behavioral Health and Illness via Histo-Personal Imprinting. Presented to the annual Black Child Development Institute (BCDI) conference at Garfield H.S. (May, 2012).

“Martin (Luther King), Malcolm (X), and Marcus (Mosiah Garvey), 20th Century African American Leadership Examples for the 21st Century.” For the Black Student Union of Bellevue Community College. (February, 2008).

“Stride (Towards Freedom), Why (We Can’t Wait) and Where (Do We Go From Here)—The Cognitive Changes of King’s Change Advocacy.” for the Black Student Union of Wenatchee Valley College—2008.

“Stride (Towards Freedom), Why (We Can’t Wait) and Where (Do We Go From Here)—The Cognitive Changes of King’s Change Advocacy.” For the Black Student Union of Bellevue Community College. (February, 2007).

Visiting Teacher for Arunga & Associates, Spring/Summer sessions, Seattle Vocational Institute (SVI). Taught World/African History and social activism to emerging adult learners who had been “pushed out” of formal learning structures. Graded quizzes and assignments. (2007)

Conference Convener, “African Words of Wisdom” Language Workshop May 2005 at Evergreen State College, Tacoma, WA. Assembled an expert panel of linguists from selected South, North, East, and West African languages. Presented findings of significant African American/Continental African language correlates.

Visiting Teacher for Arunga & Associates, Spring/Summer sessions, 2002 – 2005 at the African American Academy, Seattle Public Schools, Seattle WA. Taught World/African History and social activism. Graded quizzes and assignments.

Visiting Teacher, “Community Service From Lincoln to Lesotho.” Lincoln University of Jefferson City Missouri, a historically black university, Summer sessions, Office of Student Services (1985)

Awards and recognition

S/BIRT: Screening, Brief Intervention, and Referral to Treatment; Certificate of Training for Clinical Competence. S/BIRT is an evidence-based practice used to ID, reduce and prevent problematic use, abuse and dependence on alcohol and other mood altering substances. (March, 2016)

LASW/LICSW Licensure Exam Prep Workshop: Continuing Education Units Certificate of Completion, National Association of Social Workers-Washington state Chapter Affiliate. (May, 2014)

DSM 5 and ASAM Placement Criteria: Certificate of Completion from Chemical Dependency Professionals Washington State, Continuing Education. (February, 2014)

Moral Reconation Therapy for Domestic Violence: Certificate of Completion—for Mental Health Chemical Abuse and Dependency Services Division. (December, 2013)

Cedar Creek Correctional Center: Certificate of Appreciation—Black History Cultural Committee (June, 2013)

South Shore School (Seattle WA.): Certificate of Appreciation, National African American Parent Involvement—2013

Moral Reconation Therapy: Certificate of Completion—for Mental Health Chemical Abuse and Dependency Services Division—2010

Performance Coaching Training for Therapeutic Health Services: Certificate of Completion (THS)—2009;

Stafford Creek Corrections Facility African American Cultural Committee: Certificate of Appreciation. (June, 2006)

Phi Theta Kappa Human Services Honors Society: Membership, 2002 to 2004; Certificate of Merit, Tacoma Community College—2002

Philip Foundation Academic Scholarship: Endowment, 2002; Scholarship, University of Washington Office of Minority Affairs—1980.

Professional Activities and Affiliations

Moral Reconation Therapy—Batterers Intervention Program (MRT-B.I.P.) Training of Trainers scheduled completion: December 2016

7 Year Honored Service Ring: Sound Mental Health, Acknowledged; July 2016

International Federation of Social Workers—Member. (November, 2015 to Present)

Affordable Healthcare Act (OBAMA-CARE) Healthcare Navigator: Washington Health Benefit Exchange; (MHCADSD) King County Affiliate. Training completed November 15, 2014

Leadership Team: Sound Mental Health at the Community Center for Alternative Programs, est. 2012.

Moral Reconation Therapy (MRT) Training of Trainers completed September 2013; Moral Reconation Therapy (MRT) Advanced Facilitator Training completed September 2011; Moral Reconation Therapy (MRT) Facilitator Training completed September 2009

Global Appraisal of Individual Needs (GAIN) assessment Training of Trainers completed May 2012; Global Appraisal of Individual Needs (GAIN) assessment Training completed, March 2012

National Association of Black Social Workers (2009-2010)

Association for the Study of Classical African Civilizations (2005—Present)

National Association of Social Workers (2009)

Research Interests

The Abolition Roots of American Social Work—the evidence and implications of rooting social work before the work of “…our settlement daughters;” includes implications for contemporary anti-human trafficking community organizing.

Literatherapy.net: Writing our way on-line to a self-care solution. Engaging the mood-managing, self-soothing aspects of the writing process to salvage our souls.

Mental Illness, Addictive and Caregiver Recovery Lifestyle Developments; Sufficient Support Creation for Subjective Psychiatric Carer Burden. Created the Burden-Bearers website and brochure to raise awareness of the challenges and dangers to care-givers and their family systems posed by behavioral illness’ Burden

Carceral Injury as Inhumanity—The Basis for Prison Abolition.

Psycho-social Re-Entry from Enslavement and Imprisonment—Comparative Analyses; 1865 and 2005

The disturbing history of African American encounters with American Mental Health policy from 1743 to the present

Kwanzaa and Ethnic Identity Formation. Here, I designed and conducted research inquiry into the possible relationship between the Kwanzaa African American holiday celebration and the formation of a positive Africa American ethnic identity

The Six Regional Celebration of African and World Music.

Additional Skills, ADVISORIES AND INTERESTS

**Curator [Pro** **Bono]** African Language Library, Africa Towne Centre for Education & Innovation, esp. in the instructional use of Akan and Kiswahili proverbs. (2015)

**Director** Mshenga A Babu African Rhythms Ensemble (2000 to Present)

**Editor** African American Business and Employment Journal Published by Seattle P.I. Guest Columnist Mr. Charlie James to foster African American economic development (1998 – 2002)

**Member** Village of Hope—Post Carceral Community Reception Project (2002 – Present)

**Mentor** UW School of Social Work, 2008 – 2009 academic years. Supported the academic survival and success of three first-year masters level students as a second year MSWC

**Executive** **Producer** “In The Spirit of Lift Ev’ry Voice and Sing”—A Centennial Music Celebration of African America’s Song. (2000)

**Co-founder** Northwest Kwanzaa Network; an affiliation of community based networks and

organizations who gather annually to collaboratively co-host the Kwanzaa week for the African American community of the Puget Sound area (1981 – Present)

**Proficient** Complete Microsoft Office Suite

References

Available on request (submitted separately with other application documents)