

MARY LOU BALASSONE

Curriculum Vitae

Office: School of Social Work
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EDUCATION

- 5/87 University of California, Berkeley
Degree: Doctorate in Social Work
School of Social Welfare
- 8/80 Syracuse University, Syracuse, NY
Degrees: Master of Social Work
School of Social Work

Master of Public Administration
Maxwell School of Citizenship
- 5/79 Syracuse University, Syracuse, NY
Degree: Bachelor of Science in Social Work
School of Social Work
Honors: Magna Cum Laude

PROFESSIONAL EXPERIENCE

- 9/10- present Associate Professor & Director, BASW Program, School of Social Work, University of Washington
- 9/05-8/10 Associate Professor of Social Work, School of Social Work, University of Washington.
- 9/02-6/05 Associate Professor & Director, BASW Program, School of Social Work, University of Washington.
- 10/99-9/01 Associate Dean for Professional Degree Programs, School of Social Work, University of Washington
- 9/93-8/94 Associate Professor & Acting Director, BASW Program, School of Social Work, University of Washington.
- 1/87-8/93 Assistant Professor & Coordinator, Health Care Specialization, School of Social Work, University of Washington.

- 9/90-7/95 Co-Principal Investigator, "Reducing the Risk of AIDS Among Adolescents." School of Social Work, University of Washington.
- 7/90-12/94 Investigator, "Evaluation of the First Steps Maternity Access Program." School of Public Health, University of Washington.
- 9/85-5/86 Teaching Associate, School of Social Welfare, University of California.
- 1/85-12/86 Conference Coordinator, School of Public Health, University of California.
- 9/85-6/86 Consultant, Planned Parenthood of San Francisco and Alameda Co.
- 6/85-8/85 Instructor, Professional Development Program, University of California.
- 1/85-12/85 Teaching Associate, School of Social Welfare, University of California.
- 8/83-8/85 Research Assistant, Mental Health Research Group, University of California.
- 8/82-6/83 Instructor and Director of Field Placement, Department of Social Work, Findlay College.
- 10/80-7/82 Director, Teen Parent Program, YWCA of Dutchess County.
- 5/80-9/80 Clinic Manager, Planned Parenthood of Syracuse, Inc.

COURSES TAUGHT:

BASW Courses

International Responses to Human Needs: Social Welfare Policies and Services
 Introduction to Social Welfare
 Field Seminar (Senior Practice Course).
 Introduction to Social Welfare Research
 Social Welfare Policy
 Independent Studies on health care, child abuse & neglect, adolescent pregnancy and other practice areas.
 Liaison for field placements

MSW Courses

Social Work Research
 Health Care Policy
 Issues in Maternal & Child Health
 Introduction to Human Services Practice
 Health Care Seminar
 Community Health Care Practice

Ph.D. Courses

Individual Tutorials
 Supervisory & Dissertation Committees

PUBLICATIONS

Journal Articles

- Morrison, D; Oxford, M; Gillmore, M; Richey, C., & Balassone, M.L. (2000). Negotiating condom use: Partner type and gender effects. Journal of HIV/AIDS Prevention & Education for Adolescents & Children, 3, 29-47.
- Nagda, B. A., Spearmon, M., Holley, L., Harding, S., Balassone, M. L., Moise-Swanson, D., & de Mello, S. (1999). Intergroup dialogues: An innovation in social work education. Journal of Social Work Education, 35, 433-449.
- Gillmore, M. R., Morrison, D. M., Richey, C. A., Balassone, M. L., Gutierrez, L., & Farris, M. (1997). Effects of a skills-based intervention to encourage condom use among higher risk heterosexually active adolescents. AIDS Education & Prevention, 9 (Supplement A), 22-43.
- Richey, C. A., Gillmore, M., Balassone, M. L., Gutierrez, L., & Sandberg, J. (1997). Developing and implementing a culturally sensitive group skills training intervention to reduce AIDS risk among sexually active adolescents. Journal of HIV/AIDS Prevention and Education for Adolescents and Children, 1, 71-103.
- Bell, M. A., Balassone, M. L. & Peterfreund, N. (1996). Methodological issues in evaluating the impact of school-based clinics. In R. H. Feldman & T. H. Humphrey (Eds.), Advances in Health Education: Current Research (#4). New York: AMS Press.
- Hodges, V. G., Balassone, M. L. (1994). Planning and implementing a support program for students of color entering graduate school. Journal of Teaching in Social Work, 9, 85-106.
- Rabkin, J. C., Bell, M. A., & Balassone, M. L. (1994). The role of social workers in providing comprehensive health care to pregnant women. Social Work in Health Care, 20, 83-97.
- Balassone, M. L., Baker, S., Gillmore, M. R., Morrison, D. M., & Dickstein, D. (1993). Interventions to decrease the risk of AIDS and other sexually transmitted diseases among high-risk adolescents. Children & Youth Services Review, 15, 1-17.
- Soifer, S., Balassone, M. L. & Johnstone, J. (1992). Prospects for national health care in the United States. Journal of Health & Social Policy, 3, 1-17.
- Balassone, M. L. (1991). A social learning model of adolescent contraceptive behavior. Journal of Youth & Adolescence, 20, 596-616.
- Balassone, M. L. (1991). A research methodology for the development of risk assessment tools in social work practice. Social Work Research & Abstracts, 27, 16-23.
- Balassone, M. L., Bell, M., & Peterfreund, N. (1991). School-based health & mental health clinics: An update for social workers. Social Work in Education, 13, 162-175..

- Balassone, M. L., Bell, M. A. & Peterfreund, N. (1991). A comparison of users and non-users of a school-based health clinic. Journal of Adolescent Health Care, 12, 240-246.
- Ezell, R. M., Nurius, P. & Balassone, M. L. (1991). Preparing computer literate social workers: An integrated approach. Journal of Teaching in Social Work, 5, 81-99.
- Bell, M. A., Thompson, J., Garcia, J., Peterfreund, N. & Balassone, M. L. (1990). School-based clinic provides health care and counseling for teens. Washington Public Health, 8, 10-12.
- Balassone, M. L. (1989). Risk of contraceptive discontinuation among adolescents. Journal of Adolescent Health Care, 10, 527-533.
- Balassone, M. L. (1989). Return for follow-up care and contraceptive continuation among adolescents. Journal of Adolescent Research, 4, 356-370.
- Balassone, M. L. (1988). Multiple pregnancies among adolescents: Incidence and correlates. Health and Social Work, 13, 266-276.

Chapters

- Nagda, B. A., Harding, S., Moise-Swanson, D., Balassone, M. L., Spearmon, M., & de Mello, S. (2001). Intergroup dialogue, education & action: Innovations in a school of social work. For Schoem, O. & Hurtado, S. (eds.), Intergroup Dialogue: Deliberative Democracy in School, College, Community & Workplace. Ann Arbor:University of Michigan Press.
- Balassone, M. L. (1998). School-based clinics. In E. A. Blechman & K. D. Brownell (Eds.), Behavioral medicine and women: A comprehensive handbook. New York: Guilford.
- Balassone, M. L., Sandberg, J., & Gillmore, M. R. (1994). The Take 5 Project: Reducing the risk of AIDS and other sexually transmitted diseases among adolescents. In: Protective factors in communities of color: Building on our strengths: Proceedings from the 1992 Public Health Social Work Institute. Berkeley, CA: University of California.
- Balassone, M. L. (1993). Does an emphasis on accountability and evidence detract from or dilute the professional goals of service delivery and the helping role of the practitioner? NO. For W. W. Hudson & P. S. Nurius (Eds.), Controversial issues in social work research.
- Balassone, M. L. (1988). Predicting consistent contraceptive use among adolescents. In R. E. Boettcher (Ed.), Social work practice with populations at risk (pp. 13-26). Columbus: Ohio State University.
- Balassone, M. L. (1987). Medicaid access for low-income women and children. In The prevention of low-birthweight and infant mortality: Proceedings from the 1986 Public Health Social Work Institute. Berkeley, CA: University of California.

Monographs

Morton, J., Balassone, M. L. & Guendelman, S. (Eds.). (1987). The prevention of low-birthweight and infant mortality: Proceedings from the 1986 Public Health Social Work Institute. Berkeley, CA: University of California.

Balassone, M. L. & Riche, C. (1987). Computer Lab Manual: Introduction to Research in Social Work. School of Social Work, University of Washington.

Balassone, M. L. (1987). Adolescents and birth control: A study of oral contraceptive use. Doctoral dissertation. University of California, Berkeley.

Balassone, M. L. & Briggs, T. (1981). Infusing a male dominated medical setting with feminist values: Intervention by a social work team. Manpower Monograph 15, Syracuse, NY: Syracuse University Press.

Book Reviews

Balassone, M. L. (1992). Book Review: Altered Loves: Mothers and Daughters During Adolescence by T. Apter. In Affilia: J. of Women & Social Work, 3.

Balassone, M. L. (1989). Book Review: Social change & women's reproductive health care, by N. L. Stotland. In Affilia: J. of Women & Social Work, 4, 114-115.

Balassone, M. L. (1986). Book Review: Adolescent reproductive health, P. B. Smith & D. M. Mumford (Eds.). In Children and Youth Services Review, 8, 275-277.

Current Research

"Experiences with Open Adoption in a Sample of Fost-Adopt Families".

"Family Reports of Social Service Needs Following A Special Needs Adoption".

"Experiences of foster care adoption among a sample of young adults"

"Openness in special needs adoptions: Assessing children's & families' needs and readiness"

RESEARCH REPORTS

First Steps Evaluation: Annual Report. (1993, May). Report to Washington State Legislature. Prepared by F. A. Connell, M. L. Balassone, L. M. Baldwin, M. A. Bell, D. Farrow, L. G. Hart, A. Katz, M. Meyers, K. Parrish, J. Primomo, & J. C. Rabkin.

Rainier Beach High School's Teen Health Center: Final Report. (1993). Report to Seattle City Council. Prepared by N. Peterfreund.

First Steps Evaluation: Annual Report. (1991, December). Report to Washington State Legislature. Prepared by F. A. Connell, M. Bell, A. Katz, & J. Rabkin.

Assessing Risk for Relapse Among Cocaine/Crack Users. (1991, December). Report to the Family Preservation Program, School of Social Work, University of Washington. Prepared by L. Shadoin, C. DeLima & M. L. Balassone.

Rainier Beach High School's Teen Health Center: Highlights from the First Two Years. (1991, June). Report to Seattle City Council. Prepared by N. Peterfreund, M. L. Balassone & M. Bell.

First Steps Evaluation: Interim Report. (1991, March). Report to Washington State Legislature. Prepared by F. A. Connell, M. Bell, A. Katz, & J. Rabkin.

Rainier Beach High School's Teen Health Center: Highlights From the First Year. (1990, April). Report to Seattle City Council. Prepared by N. Peterfreund, M. L. Balassone & M. Bell.

SELECTED PRESENTATIONS & PAPERS

" Well-being and Open Adoption Outcomes Among Children Adopted from Foster Care: How Are the Kids Doing?" Presentation with K. Brennan & D. Fitchitt at the Building on Family Strengths: Research and Services in Support of Children and their Families conference, May 6, 2004. Conference Proceedings published by Research & Training Center on Family Support and Children's Mental Health, Portland State University.

"How are the kids doing?: Outcomes of Concurrent Planning". Presentation with K. Brennan at Lutheran Social Services, June 2003.

"Communities in Context: Case Studies of Community-Based Models to Serve Low Income Pregnant Women in Washington State." Paper presented with J. Rabkin, M. Bell, & F. Connell at the 1995 Annual Meeting of the American Public Health Association, October 1995.

"Effects of an Intervention to Encourage Condom Use Among Higher Risk Heterosexual Adolescents." Paper presented with M. Gillmore and C. Richey at the Annual Meeting of the American Sociological Association, 1994.

"Models of Care for Substance Using Pregnant Women and Their Children." Presented with M. Bell, J. Rabkin & J. Primomo at the NASW 1993 Annual Conference.

"Geographically Isolated Pregnant Women and Children in Washington State." Presented with J. Rabkin, M. Bell, & M. Mayers at the NASW 1995 Annual Conference.

"Developing Gender & Ethnically Relevant AIDS Prevention Interventions for High Risk Adolescents." Paper presented at 1992 American Public Health Association Annual Meeting, November, 1992.

"A Culturally Relevant Group Skills Training Program to Reduce AIDS Risk." Poster at 1992 NASW World Assembly, Washington, D. C., July 19, 1992.

"Take 5: Reducing Risk of STDs and AIDS Among Adolescents." Workshop presented with Jane Sandberg at the 1992 Public Health Social work Institute on Protective Health Factors in Communities of Color, Berkeley, CA, June 14-17, 1992.

"Perinatal Practice Models in Washington State's Medicaid Program." Paper presented with Janice Rabkin and Michelle Bell at the 16th National Conference on Perinatal Social Work, Portland, Oregon, May 8, 1992.

GRANTS & CONTRACTS

Grants/Contracts

- 6/08 Evaluation of the Service Needs of Foster-Adopt Families (in conjunction with Lutheran Community Services and the NW Institute for Children and Families)
- 9/07 Feasibility Study for the Evaluation of the WA State CASA Program (in conjunction with the NW Institute for Children and Families)
- 12/06 Small grant to develop and new class "International Responses to Human Needs: Social Welfare Policies and Services" for early freshman start quarter.
- 9/05 Grant to develop and implement use of electronic portfolios in undergraduate classes.
- 10/03 Grant to support "Curriculum Revision and Development in the BASW Program" . UW, Undergraduate Program.
- 4/99 Tools for Transformation , UW, "Partnership for Integrated, Community-based Learning Program." Sue Sohng, PI, with various other faculty.
- 12/96 CSWE Millenium Project. Empowering students in cultural diversity and social justice work through intergroup dialogues. (R. Nagda & M. Spearman, P.I.).
- 6/95-7/95 Seattle-King County Public Health Department contract to develop an evaluation plan and research instruments for Project Empower (an adolescent pregnancy prevention project).
- 5/94 U.W. Curriculum Transformation Project. Developing social work curriculum for multicultural assessment and measurement. (M. L. Balassone & C. Richey, P.I.).
- 12/93 BASW Student Assessment Project. Collect data to evaluate the effectiveness of the BASW in providing students with basic outcome competencies. Funded, University of Washington Undergraduate Program.
- 7/91 Public Health Service. Sexually Transmitted Diseases Cooperative Research Center (K. Holmes, P.I.). Funded. Co-Investigator on Condom Education for Adolescents Project.
- 7/90 Washington State Legislature. Evaluation of First Steps Maternity Access Program (F. Connell, P.I.). \$200,000; funded. Investigator on community implementation study.

- 4/90 National Institute of Mental Health (ADAMHA). Reducing the Risk of AIDS Among Adolescents (M. Gillmore, P.I.). \$700,000; funded. Co-principal Investigator.
- 1/90 School of Social Work, Family Preservation Program. Assessing Risk for Relapse Among Crack Users. \$3200; funded. Principal Investigator.
- 8/90 State of Washington, Department of Social and Health Services. Contract to provide consultation related to the First Steps Project. Covered 4% of my time for a nine-month period.
- 6/89 University of Washington Minority Student Affairs Office Summer Preparatory Program. \$6,000; funded. Wrote grant.
- 10/87 Office of Substance Abuse Prevention, NIH. Target Adolescent Pregnancy Substance Abuse Project (C. Berger, P.I.). \$270,500; funded. Consultant for risk assessment methodology.
- 5/87 School of Social Work Research Development Fund, University of Washington; Facilitating Contraceptive Continuation Among Adolescents. \$3,500; funded. Principal Investigator.
- 3/86 Chancellor's Patent Fund; University of California, Berkeley; Adolescents & Birth Control: A Study of Oral Contraceptive Use. \$2,000; funded. Principal Investigator.

RECENT COMMUNITY SERVICE

- 11/01-present Court Appointed Special Advocate for Dependency Cases – investigate and make recommendations to Superior Court
- 1/96–present Lutheran Social Services--Presentations to potential foster parents concerning attachment, child abuse and neglect, and parenting skills.
- 1/96-6/96 Seattle-King County Dept. of Public Health--Consultant for hiring Adolescent Health Director.
- 1/96-7/96 Washington State Dept. of Health--Public Health Improvement Plan--Education & Training Competency Model Committee.
- 9/95-3/96 Seattle-King County Dept. of Public Health--Consultant for evaluation to adolescent pregnancy prevention project.
- 1/93-12/94 Governing Council Member - Community-based Public Health Initiative
- 11/92-10/94 Social Work Section Representative - American Public Health Association
- 7/91-12/92 Committee Member - Health Care for the Homeless, Seattle, WA.

ACADEMIC SERVICE

Curriculum Committee (BASW, MSW).
Search Committees.
Assessment Committee
Ad hoc Review Committees (for promotion & tenure).
External Reviewer for tenure reviews
Admissions Committee (MSW, BASW)
Executive Committee
Practicum Advisory Council
Committee on Academic Programs
Social Welfare Faculty
Faculty Senate
Journal Reviewer: Various social work and health related journals.
Coordinate data collection & analysis for BASW student assessment
Scholarship Committee
Professional Degree Programs Committee
Child Care Advisory Committee

PROFESSIONAL ASSOCIATIONS AND MEMBERSHIPS

National Association of Social Workers
Council on Social Work Education
Association of Baccalaureate Social Work Program Directors