

RACHEL BARRETT LICSW

Clinical social worker with a certificate in school social work. Trained in a variety of evidence-based practices specific to working with children, youth, and families. Specializing in trauma treatment, treatment of externalizing behavior problems and supporting neurodiverse youth.

EXPERIENCE

FALL 2019 – PRESENT

TIER THREE MENTAL HEALTH CONSULTANT, SEATTLE PUBLIC SCHOOLS

Outcome-based collaboration through a race/equity lens aimed at increasing student's access to learning environment, growing teacher's skills when addressing complex behavioral health needs, and supporting families in school/home/outpatient partnerships.

FALL 2018 – PRESENT

PART-TIME LECTURER, UNIVERSITY OF WASHINGTON SCHOOL OF SOCIAL WORK

Facilitation of graduate course content related to children's mental health, diagnostic paradigms, current evidence-based practice models and increasing access for vulnerable populations.

FALL 2019- PRESENT

BASIS TRAINER AND CONSULTANT, UW SMART CENTER

Provision of motivational-enhancement style intervention for school-based mental health staff as part of NIMH-funded grant on delivery of trauma-treatment in schools.

FALL 2014- PRESENT

CBT+ TRAINER/CONSULTANT, UW AND HARBORVIEW CBT+ INITIATIVE

Training cohorts of new therapists through-out Western Washington in the application of cognitive behavioral therapy when working with children, youth, and families.

WINTER 2013- FALL 2019

CLINICAL LEADERSHIP, RYTHER

Supported program development, provided clinical/administrative supervision, and implementation/monitoring of evidence-based interventions.

EDUCATION

JUNE 2005

MASTERS IN SOCIAL WORK, UW SCHOOL OF SOCIAL WORK

Clinical/Contextual Practice

SKILLS

- Approved LICSW supervisor in the state of Washington
- Nationally certified in TFCBT
- Licensed since 2013 LW 60332464
- Participated in 'train the supervisor' cohort with developers of TFCBT

