Northwest Leaders in Behavioral Health Program (NLBHP)
Thank you for your interest in the Northwest Leaders in Behavioral Health Program (NLBHP).

We hope this “virtual info session” is helpful.

Please do not hesitate to contact Charlotte Sanders, NLBHP Field Lead, with any questions or feedback on the content of this “info session”.

About NLBHP

• The primary objective of the NLBHP is to recruit and train a cadre of outstanding social work practitioners, prepared for interdisciplinary behavioral health prevention and clinical intervention in health care related settings, for those at risk of developing or who have a recognized behavioral health disorder, particularly for rural, tribal, medically underserved, and vulnerable populations.

• Funded by the Health Resources and Services Administration (HRSA) – This is the second time the UW SSW has received a training grant from HRSA to support this program. This is a 4 year grant (entering its 3rd year), training 29 students per year, for a total of 116 over the four year period.
Goals of the grant

(1) Expand and enhance the behavioral health curriculum and interprofessional training activities at the SSW to develop MSWs ready for practice in integrated behavioral health services

(2) provide stipends of $10,000 for 29 trainees (116 across 4 years), with a special emphasis on recruiting underrepresented minorities into the training program; spots available - 9 EDP and 20 DAY/Advanced Standing

(3) provide interprofessional training for faculty and field supervisors
Goals of the grant continued ...

(4) provide stipends of $500 a year for field supervisors to support the supervision of student in field placements

(5) develop, coordinate and support experiential field placements that will prepare MSW students to meet the unique challenges of work in integrated behavioral health with vulnerable populations across the lifespan

(6) strengthen collaboration and partnerships with organizations and communities to support job placement and career development for graduates and practitioners
Goals of the grant continued …

(7) develop and disseminate educational and training materials on culturally responsive, evidence-based practice strategies for students, faculty, field supervisors and community-based practitioners

(8) evaluate NLBHP-II outcomes and participation

(9) ensure the sustainability of the behavioral health training program including securing funding to continue interprofessional practice opportunities
Stipend Award

• The total stipend is $10,000
• Each trainee will receive two disbursements of $5,000
• Generally, money will disburse on the same timeline as other forms of financial aid (at the start of the quarter)
• Trainees must ensure that their address and/or direct deposit is up-to-date with Student Fiscal Services.
• Student financial aid MAY be impacted by this award. Please contact the UW Office of Student Financial Aid with any questions regarding your specific situation!
Eligibility Requirements

• The NLBHP is a competitive behavioral health training program for MSW students in their advanced field practicum year (EDP, Day, Advanced Standing) in direct practice concentrations (Health, MH, CYF, Multigen, H/MH, and Multigenerational Practice with Children & Families) who will begin their Advanced Practicum either summer or fall 2019.

• American citizens, non-citizen nationals or permanent residents (per grant regulations).
Applications

• The Application is available on the SSW website and is due by 11:59pm on May 19, 2019. [https://socialwork.uw.edu/programs/northwest-leaders-behavioral-health-program](https://socialwork.uw.edu/programs/northwest-leaders-behavioral-health-program)

• Applicants are asked to submit:
  • Application Statement
  • Resume
  • Unofficial Transcript
  • Letter of Recommendation
Applications continued…

• The NLBHP application deadline is based on the OFE expected completion of the advanced practicum placement process. Please communicate with NLBHP if your placement has not been finalized by the due date and again once placement has been confirmed and the application has been completed.

• Please let your Field Instructor (practicum placement) and Field Faculty (Office of Field Education) know that you are applying to the NLBHP program, as you may need their assistance with the description of the learning activities to be expected in the placement (for the application).
Field Education Placement

• The Office of Field Education (OFE) is responsible for the placement of students into their advanced year practicum.

• The OFE Field Faculty is your primary contact for the practicum placement.

• The NLBHP Field Lead will work with OFE Field Faculty to coordinate visits and communication with Field Instructors regarding the student’s participation in the NLBHP program and meeting the NLBHP requirements.
Field Education Placement continued...

• Placements involve behavioral health direct practice across the lifespan (all ages) in health care related settings.
• Preferred practicum sites would include services for medically underserved, in rural settings and Tribal communities.
• Examples of previous NLBHP appropriate practicum settings include: school based settings; mental health/substance use disorder centers; primary care/integrative behavioral health practice clinics or units (both outpatient and hospital based); Tribal community health and behavioral health services; and other social service agencies providing behavioral health services to individuals across the life span.
Integrative Seminar: scheduling and credits

• 5 seminars per quarter for all three quarters of the advanced practicum year, for a total of 15 seminars. for approx. 2.8 hours,

• Interprofessional education and other behavioral health related events scheduled throughout the year

• We work closely with Student Services to ensure that the seminar does not conflict with any courses required for direct practice concentrations.

• We will do our best to accommodate EDP (weekend/evening) students who may need alternatives to the in-person seminar.

• DAY students will register for 1 credit per quarter (Credit/No Credit)

• EDP students have the option of attending seminar without formal registration for credit.
Integrative Seminar: Content & Outline

• The typical seminar agenda includes:
  • Welcome, introductions, announcements
  • Reflective Practice Journal & Highlights (students will share any learning moments, questions, thoughts, etc. from practicum with the group)
  • Case Presentations (each student will present a case from practicum using a case presentation template)
  • Leadership Opportunity (each student will present on a topic related to behavioral health and lead a practice activity related to that topic)
  • Practice Activity/Exercise related to the “theme” of that specific seminar (each seminar has a theme related to behavioral health, healthcare, and/or social justice work)
Course Content: Students Responsibilities and Assignments

• Review CANVAS website learning materials prior to seminar (readings, modules, visuals, etc.)
• Maintain a Reflective Practice Journal (of experiences in practicum, work, school, etc.)
• Prepare a Reflective Practice Highlight for every seminar
• Complete a Pre and Post Self-Assessment Survey
• Prepare a Case Presentation and participate in case consultation
• Prepare and present a Leadership Opportunity during seminar
• Participate in Practice Activities – simulation, role play, critical incident analysis, etc.
• Active participation in seminar and IPE activities/events
Other Required Coursework and Training

• Soc W 571 (Assessment of Mental Health Disorders)
• Chemical Dependency course (Soc W 593, 572, 542, and 595)
• Assessment and Management of Suicide Risk Training (6 hour training required for licensure)

***For questions about these courses and/or for support with overall course planning, please contact the Office of Student Services at sswstsrv@uw.edu.
Tracking Progress Pre- and Post-Graduation

• The NLBHP is required to report back to our funder, HRSA.

• As a part of the commitment to the program, students will participate in tracking and evaluation activities both during the program and a year after graduation.

• Data will be collected from both you and your practicum site.

• Students must ensure that NLBHP staff have current contact information throughout the evaluation period.
Questions?

Contact the NLBHP Field Lead, Charlotte Sanders

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- 206-616-8342