

**Sample Learning Activities and Methods of Assessment for Health/Mental Health Advanced Competencies,
Field Instructor Training Workshop, 10.7.11**

Competency 1: Professional Social Work Identity

Competency 1 : Activity A	Observe, participate in, and perform assessments in the role of social worker; contribute to interdisciplinary team conferences and parent conferences in the clinic. Develop a better understanding of social work's role in the cross-disciplinary setting of the clinic. Serve as a case manager or co-manager for an interdisciplinary assessment team in the clinic or other clinical setting.
Competency 1 : Activity B	Discuss NASW code of ethics with supervisor and discuss their role in the clinic's model of service. Identify areas of organizational and personal strength and areas for improvement in upholding the social work mission and core values. Maintain notes/journal on evolving thoughts and perceptions on how personal biases affect my practice and interactions with clients.
Competency 1 : Activity C	Attend professional development conferences to enhance my own learning and growth as a social worker, particularly within my area of specialization
Competency 1 : Methods of Assessment	Direct PI supervision and discussion of assessment notes and meetings. Feedback from interdisciplinary team members. Track activities in trainee log for supervisor to review.

Competency 2: Apply Social Work Ethics

Competency 2 : Activity A	Complete HIPAA training. Understand these requirements and maintain client confidentiality and strong ethical practices in mental health and clinic settings.
Competency 2 : Activity B	Discuss NASW code of ethics with supervisor and discuss their role in the clinic's model of service. Examine how the ethics of the organizations I work for align with the social work code of ethics and my own beliefs. Identify areas of organizational and personal strength and areas for improvement in upholding the social work mission and core values. Maintain notes/journal on evolving thoughts and perceptions on how personal biases affect my practice and interactions with clients.
Competency 2 : Activity C	
Competency 2 : Methods of Assessment	Direct PI supervision and discussion. Journal/notes. Track activities in trainee log for supervisor to review.

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Competency 3: Apply critical thinking

Competency 3 : Activity A	Interview clients and families using a family-centered approach, tailoring questions to their specific circumstances. Compile information received to present in case conferences and to determine appropriate resources and recommendations. Focus on strengths, vulnerabilities, and resources that will help empower families and clients.
Competency 3 : Activity B	Keep notes on own behavior and thoughts during each case. Reflect on how personal assumptions impact professional conduct and interactions with clients. Meet other social workers in the clinic to understand their roles and the similarities and differences between our work. Reflect on the role of social workers in different contexts.
Competency 3 : Activity C	Write summaries of assessments to present, in written and verbal format, to inter-disciplinary teams in case conferences and to include with family reports.
Competency 3 : Methods of Assessment	Direct PI supervision and discussion. Personal journal and notes. Track activities in trainee log for supervisor review.

Competency 4: Engage in diversity

Competency 4 : Activity A	During parent conferences, make referrals to community agencies that reflect the values and cultural beliefs of the family.
Competency 4 : Activity B	Acquire the knowledge, interpersonal skills, and behaviors to work effectively and cross-culturally by understanding, appreciating, honoring, and respecting cultural differences and similarities within and between cultures. Ask questions and research to better understand the numerous forms of diversity and differences that can influence the relationship with clients/constituents.
Competency 4 : Activity C	Complete assigned required readings by PI on family-centered care and cultural competence in clinician communication. Discuss with supervisor and incorporate concepts into practice with families and clients. Develop greater understanding of how cultural, ethnic, and socioeconomic factors influence the access to health care services. Be aware of how my own cultural beliefs and values have an impact on interactions with families. Maintain self-reflective journal and address concerns that come up about this in discussion with my supervisor and peers.
Competency 4 : Methods of Assessment	PI supervision and discussion on family interviews and specific readings completed. Track activities in trainee log for supervisor review.

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Competency 5: Advance human rights

Competency 5 : Activity A	Attend at least one WA State Council that addresses the mental health needs of agency's client population.
Competency 5 : Activity B	Complete the PI required readings on family-centered care and cultural competence in clinician communication. Discuss with supervisor and incorporate concepts into practice with families and clients. Develop greater understanding of how cultural, ethnic, and socioeconomic factors influence the access to health care services. Be aware of how my own cultural beliefs and values have an impact on interactions with families. Maintain self-reflective journal and address concerns that come up about this in discussion with my supervisor and peers.
Competency 5 : Activity C	Developing professional contacts with members of the Advocates for Mental Health network.
Competency 5 : Methods of Assessment	PI supervision and discussion.

Competency 6: Engage in research

Competency 6 : Activity A	Attend weekly multidisciplinary clinic talks and core seminars on current research related to human development, medical care, etc. Attend mini educational sessions with PI.
Competency 6 : Activity B	Identify evidence-based practices applied in intervention or assessment sessions I observe. Apply evidence-based practices when discussing assessment plans and intervention recommendations during case conferences and with clients. Relate course content to direct social work field practice.
Competency 6 : Activity C	Develop research-based leadership project (topic still to be determined) and present it at the annual presentation event for staff next quarter.
Competency 6 : Methods of Assessment	PI supervision and discussion. Discuss notes on specific cases and the practices used.

Competency 7: Apply knowledge of human behavior

Competency 7 : Activity A	Attend weekly multidisciplinary clinic talks and core seminars on current research related to human development, medical care, etc.
Competency 7 : Activity B	Participate in clinic pre-assessment teaching seminars, applying life course concepts to the review and discussion of health care disparities the may influence a specific client's assessment plan or final recommendations.
Competency 7 :	View webinars and video presentations on mental health and discuss with supervisor and other professionals.

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Activity C	
Competency 7 : Methods of Assessment	PI supervision and discussion about seminars, readings, and online presentations watched.
Competency 8: Policy Practice	
Competency 8 : Activity A	Become familiar with WA State Title V activities and collaborative projects between the CTU and WA Departments of Health: Children With Special Health Care Needs: CHSCN: http://www.doh.wa.gov/cfh/mch/CSHCNhome2.htm .
Competency 8 : Activity B	Attend or participate in a Legislative Day at Washington State capital on a topic related to autism or developmental disabilities.
Competency 8 : Activity C	Attend at least one WA State Council on Combating Autism Advisory Council Meetings.
Competency 8 : Methods of Assessment	PI supervision and discussion. Personal journal/notes on these experiences. Track activities in trainee ePortfolio for supervisor review.
Competency 9: Practice context	
Competency 9 : Activity A	Observe, participate in, and perform assessments utilizing the family-centered approach; contribute to interdisciplinary team conferences and parent conferences in the Child Development Clinic with the understanding of how families are impacted by their environment. Integrate SSW course learning on individuals and systems into my practicum experience with clients.
Competency 9 : Activity B	Use interpreters when interviewing and working with people from diverse cultures when English is not their primary language to help create an appropriate context for the client.
Competency 9 : Activity C	Complete readings specifically related to the contexts that shape social work practice at my field education site.
Competency 9 : Methods of Assessment	PI supervision and discussion. Personal journal/notes on readings and experiences.

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Competency 10: Engage, Assess, Intervene & Evaluate

Competency 10 : Activity A	Engage with and interview clients/families to determine strengths and challenges. Develop interviewing skills. Review The Social Work Interview- Kadushin and Kadushin book and apply concepts to my own interviewing technique.
Competency 10 : Activity B	Acquire the knowledge, interpersonal skills, and behaviors to work effectively and cross-culturally by understanding, appreciating, honoring, and respecting cultural differences and similarities within and between cultures. Ask questions and research to better understand the numerous forms of diversity and differences that can influence the relationship with clients/constituents. When engaging with clients, make referrals to community agencies that reflect the values and cultural beliefs of the individual or family.
Competency 10 : Activity C	Perform bio/psycho/social/spiritual/structural assessments for the families of children being evaluated by the clients at the clinic.
Competency 10 : Activity D	Apply coursework concepts from SW practice classes and electives to assessments and sessions with clients.
Competency 10 : Activity E	Collaborate with other professionals in the interdisciplinary team conferences to develop an assessment report and recommendations.
Competency 10 : Activity F	
Competency 10 : Activity G	My research leadership project is yet to be determined. I hope to continue my research project from Soc W 506 on surveying parents of teens or college students with ASDs to identify supports that will be most useful to these students in college. Or, further expand the second piece of my project on exploring blogs and message boards to identify the successes and challenges of students with ASDs (typically Asperger's) in college settings.
Competency 10 : Activity H	Personal evaluation of clinical work with include debriefing with supervisors after case conferences or appointments. For clients I work with longer-term, determine a method of evaluating progress by asking the client for feedback to rate satisfaction or client's perception of progress made.
Competency 10 : Method of Assessment	Ongoing supervisor with PI; collaterals contacts with clinic staff. Review of written evaluations/reports and verbal presentations within the clinical conferences.