

University of Washington School of Social Work
 4101 15th Ave. NE
 Seattle, WA 98105-6299

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EDUCATION

PhD (Social Welfare).	University of Washington	Summer 2022
Graduate Certificate (Public Health Genetics)	University of Washington	Summer 2022
MSW	Washington University in St. Louis	May 2014
BA	Washington University in St. Louis	May 2012

SKILLS AND AREAS OF EXPERTISE

Proficient in STATA Software for Statistics (data management, regression analysis, mediation analysis) and SPSS Statistics (data management, regression analysis). Experienced in R Statistics Software (data management, data visualization) and PLINK (genome association analysis). Competent in building databases and maintaining data entry through REDCap. Experienced in grant writing and providing reports to funding agencies and foundations. Clinical expertise in perinatal mood and anxiety disorders (PMAD), dialectical behavioral therapy (DBT), prolonged exposure therapy (PE), acceptance and commitment therapy (ACT), and cognitive behavioral therapy (CBT).

AWARDS, HONORS, GRANTS, & FELLOWSHIPS

Awarded Grants

Constantino-Pettit, A., Tinnin, T., Keeley, A., & Rogers, C.E. (2016). Perinatal Behavioral Health Service Partnership Application. Missouri Child and Family Health Coalition	06/2016-06/2017
Rogers, C.E., Constantino-Pettit, A., Gibbons, J., Frederick, S., Foster, A., Keeley, A., & Cradock, M.M. SLCH Women and Infants Perinatal Behavioral Health Service. St. Louis County Children’s Service Fund	08/2014-06/2016
Rogers, C.E., Constantino-Pettit, A., Gibbons, J., Frederick, S., Foster, A., Keeley, A., & Cradock, M.M. SLCH Women and Children’s Perinatal Behavioral Health Service. Missouri Foundation for Health.	01/2015-06/2017

Fellowships

Constantino-Pettit, A. Characterizing Mental Health Needs of Neonatal Intensive Care Unit (NICU) Mothers. Institute of Translational Health Sciences TL1 Translational Research Training Program (UL1 TR002219).	06/2020-06/2021
Fellow, Kempe Interdisciplinary Summer Research Institute	06/2018-07/2018
St. Louis Center for Family Development Dialectical Behavioral Therapy Clinical Fellowship	06/2016-07/2017
Fellow, Washington University in St. Louis Alcohol Research Summer Training Institute	05/2010-08/2010

Awards & Honors

	2020
Students' Choice Teaching Award (MSW), Nomination	
University of Washington Summer Institute in Statistical Genetics (SISG) Scholarship Recipient	2019
University of Colorado-Boulder Institute for Genetics and the Social Sciences Graduate Travel Award Recipient	2018
University of Washington Top Scholar Award	2017
Washington University in St. Louis Brown School Scholarship	2012-2014

RESEARCH INTERESTS & EXPERIENCE

Interests

Perinatal mental health and early childhood wellbeing; health disparities in maternal and infant mortality; environmental and biological drivers of intergenerational trauma.

Experience

Monitoring NICU Postpartum Depression Screening (STUDY0001962), Seattle Children's Hospital. 02/2019-08/2020

Provided evidence-based psychotherapy for a novel pilot intervention to address PMADs; Developed screening guidelines and recommendations for referral processes; Consulted with international experts on prevention of traumatic disorders among NICU parents

Center for Education Data & Research (CEDR): Research Assistant, PI: Dan Goldhaber 01/2020-04/2020

Completed data management and quantitative analyses using STATA

Dr. Angelique Day: Research Assistant 06/2019-10/2019

Assisted in developing facilitator manual detailing national guidelines for foster and caregiving parents; developed quantitative reports; completed a series of psychometric testing on survey items and questionnaires

Dr. Liliana Lengua: New Moms Connect Study 10/2017-06/2019

Facilitated antenatal groups as part of a randomized control trial to enhance maternal wellbeing and early childhood social/emotional functioning

Dr. Sarah Walker: Research Assistant 06/2018-10/2018

Assisted in facilitating a parent training program; completed initial qualitative interviews to examine effectiveness of streamlining parenting approaches for immigrant populations

Dr. Paula Nurius: Research Assistant 03/2018-06/2018

Analyzed recent literature related to transdisciplinary scholarship

Dr. Patricia Kohl: Research Assistant 08/2013-06/2014

Conducted surveys and collected data for the Pathways Triple P Project at Washington University in St. Louis; received training in qualitative and quantitative interview methods

Dr. Alexis Duncan: Research Assistant 08/2012-12/2012

Conducted literature reviews; Managed datasets using SAS statistical software

TEACHING INTERESTS & EXPERIENCE

Interests

Evidence-based practice and other clinical application courses; Critical pedagogy; Dissemination and implementation of clinical research; Translational science

Experience

SOC W 506 Social Welfare Research and Evaluation 03/2020-06/2020

Sole Instructor

SOC W 510 Micro/Meso Social Work Practice I: Individuals 10/2019-12/2019

Sole Instructor

SOC W 511 Micro/Meso Social Work Practice II: Families and Groups 01/2019-03/2019

Sole Instructor

SOC W 530 Advanced Practice with Diverse Children and Families

10/2017-12/2017

Teaching Assistant

PUBLICATIONS & PRESENTATIONS

Peer-Reviewed Publications

Agrawal, A., **Constantino, A. M.**, Bucholz, K. K., Glowinski, A., Madden, P. A. F., Heath, A. C., & Lysnkey, M. T. (2013). Characterizing Alcohol use disorders and suicidal ideation in young women. *Journal of Studies on Alcohol and Drugs*, 74(3), 406-412.

Presentations

Constantino-Pettit, A. [Oral Presentation] Clarifying the role of maternal childhood trauma on offspring behavioral outcomes: A systematic review of genetic and environmental contributions to trans-generational associations. Institute for Genetics and the Social Sciences, 2020.

Constantino-Pettit, A. [Oral Presentation] Trauma-Informed Perinatal Behavioral Health in the Neonatal Intensive Care Unit. The International Marce Society for Perinatal Mental Health, 2020 (accepted).

Constantino-Pettit, A. [Oral Presentation] Characterizing mechanisms of intergenerational violence and trauma. Society for Social Work Research, 2019.

Constantino-Pettit, A. [Poster] Intersectionality, maternal childhood trauma, and birth narratives. American Academy of Child and Adolescent Psychiatry, 2018.

Constantino-Pettit, A., Lenze, S., Cornfield, S., Tinnin, T., & Rogers, C. [Poster] Implementation and efficacy of co-located perinatal behavioral health support in a high risk obstetric clinic: The Washington University Perinatal Behavioral Health Service (PBHS). North American Society for Psychosocial Obstetrics and Gynecology, 2018.

Constantino-Pettit, A., Lenze, S., & Rogers, C. E. (2015). [Poster] Co-Locating mental health and medical care in the neonatal intensive care unit: Promoting emotional well-being for mothers and babies. *Biennial Perinatal Mental Health Conference*

Hu, Antoinette, Peters, R. M., **Constantino-Pettit, A.**, Trier, A., Van Diest, M., & Chrisman Robbins, C. [Poster]: Feasibility of an automated text messaging system to screen mothers for postpartum depression in the NICU. American College of Obstetrics and Gynecology, 2017.

Manuscripts in Preparation

Van Tilburg M., Levy R. L., Stoner, S., Romano, J.M., Murphy, T.B., **Constantino-Pettit, A.**, Abdullah, B., Mancl, L., & Feld, A.D. Mediation of outcomes for cognitive behavioral therapy

targeted to parents of children with Functional Abdominal Pain Disorders. Provisionally accepted to the Journal of Psychosomatic Research (2021).

Constantino-Pettit, A.*, Lenze, S.*, Kornfield, S., Lanier, P., Tinnin, T., & Rogers, C.E. Co-located perinatal mental health treatment: Evaluation of a comprehensive program in an obstetrics clinic serving low-income women.

Constantino-Pettit, A. Clarifying the role of maternal childhood trauma on offspring behavioral outcomes: A systematic review of genetic and environmental contributions to trans-generational associations.

Constantino-Pettit, A. Trauma-Informed Perinatal Behavioral Health in the Neonatal Intensive Care Unit.

Media

Davidson, H. (2017) Caring for mom & baby: Children’s outcomes improve when perinatal mental health issues are addressed. Trauma-Informed Perinatal Behavioral Health in the Neonatal Intensive Care Unit. Featuring clinical work by **A. Constantino-Pettit**. Outlook Magazine. Accessible at: <https://outlook.wustl.edu/caring-mom-baby/>

ADDITIONAL PROFESSIONAL EXPERIENCE

Constantino-Pettit Counseling, PLLC 03/2018-present

6080 Green Lake Way N, Seattle, WA 98115

DBT Therapist

Provided a range of evidence-based treatments (DBT, CBT, ACT, PE, FAP) to adolescents and adults. Specific areas of expertise include borderline personality disorder, perinatal mental health, and posttraumatic stress disorder.

Seattle Children’s Integrated Behavioral Health Service 02/2019-08/2020

4800 Sand Point Way NE, Seattle, WA 981205

Therapist, Program Developer

Implemented novel behavioral health program for parents of NICU babies; provided evidence-based psychotherapy and care coordination for NICU parents

Seattle Children’s Mental Health Evaluator 08/2018-01/2019

4800 Sand Point Way NE, Seattle, WA 98105

Per Diem Mental Health Evaluator

Provided comprehensive assessment and recommendation for children and adolescents presenting to the Seattle Children's emergency department for mental health crises

06/2014-08/2017

Washington University Perinatal Behavioral Health Service

660 S. Euclid Avenue, CB 8509, St. Louis, MO 63110

Staff Therapist, Program Developer, Clinical Coordinator

Researched and developed grant applications to ensure continuous support for the program; Initiated and designed an interdisciplinary pilot study of a text-based intervention to screen NICU mothers for perinatal mood and anxiety disorders

PROFESSIONAL AND COMMUNITY SERVICE

Consulting Editor, *Social Work*

08/2019-Present

Provided reviews for manuscripts submitted to this journal.

Reviewer: *Primary Health Care Research & Development*

06/2018-10/2018

Provided reviews for manuscripts submitted to this journal.

PROFESSIONAL AFFILIATIONS & LICENSE

Licensed Independent Clinical Social Worker (Washington)

January 2018-
Present

Licensed Clinical Social Worker (Missouri)

September 2016 –
December 2017

Licensed Master of Social Work (Missouri)

August 2014-
August 2016

REFERENCES

Taryn Lindhorst, PhD, LCSW

Nancy Hooyman, PhD

Behar Endowed Professor of Oncology

And Palliative Social Work
Director, Center for Integrative
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