

Martha J Aby, PhD, MBA, LICSW

Curriculum Vitae

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EDUCATION

PhD	University of Washington Social Welfare Dissertation title: <i>Micro, Mezzo & Macro levels of implementation: An examination of Minnesota's Cultural and Ethnic Minority Infrastructure Grant Program</i> Committee: Amelia Gavin (chair), Charles Lea & Megan Moore	June 2019
MBA	University of Minnesota Business Administration	December 2007
MSW	University of Minnesota Social Work	May 2001
BA	Macalester College English and Women & Gender Studies	May 1998

AWARDS, HONORS, GRANTS, & FELLOWSHIPS

School of Social Work Dissertation Award	3/2019
J. Scott Briar Dissertation Award	3/2019
Kath Wilham Travel Award	3/2018
TL1 Interdisciplinary Research Fellowship (TL1 TR000422) National Institutes of Health, Institute for Translational Health Science	6/2017-3/2018
University of Washington School of Social Work Travel Award	1/2018
Doctoral Scholars Institute Training Fellowship The Network for Social Work Management	6/2017
TL1 Interdisciplinary Research Fellowship (TL1 TR000422) National Institutes of Health, Institute for Translational Health Science	6/2016-9/2017
University of Washington School of Social Work Travel Award	4/2017
Graduate School Fund for Excellence and Innovation Travel Award	10/2016
University of Washington School of Social Work Travel Award	4/2016
Rising Star Alumni Award College of Education and Human Development, University of Minnesota	4/2015

TEACHING INTERESTS & EXPERIENCE

Interests

Clinical social work (specializing in mental health diagnosis and treatment planning), Human Behavior and the Social Environment, Social Welfare policy, and macro practice (organizational theory and practice).

Experience

Social Work 520: Multigenerational Policy

Winter 2019

Sole Instructor

University of Washington

Focus on state and federal policies for multigenerational practice. Masters level.

Social Work 500: Intellectual and Historical Foundations of Social Work

Fall 2018 & 2019

Sole Instructor

University of Washington

Focus on social work history and foundational theoretical perspectives for the profession. Masters level.

Social Work 513: Practice IV (Community Change Practice).

Spring 2017

Sole Instructor

University of Washington

Focus on organizational structures and macro change. The implication of system resources and configurations for meeting human needs are considered. The role and function of generalist social workers to understand and advocate for system development and change is emphasized. Masters level.

Spring 2016

Social Welfare 312: Methods III: Communities and Organizations

Sole Instructor

University of Washington

Focus on macro systems in a diverse society using the generalist perspective. The implications of system resources and configurations for meeting human needs are considered. The role and function of generalist social workers to understand and advocate for system development and change is emphasized. Undergraduate level.

Social Welfare 402: Human Behavior and the Social Environment

Fall 2015 & 2016

Sole Instructor

University of Washington

Focus on understanding human development across the lifespan. Integrates biological, psychological, structural, environmental, political, global, and socio-cultural perspectives. Explores the relationship between the person and the environment including families, groups, organizations, communities and institutions. Undergraduate level.

Social Welfare 200: Introduction to Social Work Teaching Assistant University of Washington Overview of social work profession and social welfare system. Undergraduate level.	Fall 2014
Social Work 8451: Assessment and Engagement in Clinical Practice Adjunct/Community Faculty University of Minnesota Focuses on developing clinical assessment and engagement social work skills including learning mental health diagnostic codes and classifications, interviewing skills, assessment writing skills and techniques, a biopsychosocial perspective and engagement strategies. Masters level.	Fall 2012 & Spring 2013
Social Work 8051: Psychopathology Adjunct/Community Faculty University of Minnesota Focuses on core concepts in psychopathology including DSM IV TR codes and criteria, assessment skills and diagnostic assessment basics. Masters level.	Summer 2007; Fall 2007-2011
Social Work 8202: Methods II: Families and Groups Adjunct/Community Faculty University of Minnesota Prepares students for work with groups, families and children in family-centered, community and prevention practice. Covers engagement, assessment, intervention and evaluation that emphasizes building on service user and community strengths. Framework of course views human development and behaviors as products of interactions of persons with various environments. Masters level.	Spring 2008
Social Work Field Seminar Community Field Liaison University of Minnesota Co-facilitated a seminar for social work student interns. Masters level	2005-2008

RESEARCH INTERESTS & EXPERIENCE

Interests

Investigating the social justice implications of how states and the federal government fund and implement mental health services and infrastructure efforts using critical and feminist qualitative research methods.

Experience

Micro, Mezzo & Macro levels of implementation: An examination of Minnesota's Cultural and Ethnic Minority Infrastructure Grant Program 6/2018-6/2019
Survey development and administration of CEMIG clinical trainees and secondary data analysis of interviews and CEMIG public documents.

All Over the Map: A Case Study of Minnesota's Cultural and Ethnic Minority Infrastructure Grant program. 6/2017-3/2018

Qualitative implementation study of CEMIG program using content analysis and thematic analysis of over 1000 documents and 17 interviews with 22 participants. Data collection and analysis funded through MN's Department of Human Services and TL1 fellowship.

Where Everyone Knows Your Name: Primary Care in Community Mental Health. 5/2016-8/2018

Interviewing 7 providers and 5 clients concerning the experience of receiving primary care in a mental health setting.

“This is a Decade Process:” A Case Study of Integrated Care in Community Mental Health 6/2016-11/2017

Interviewing 11 key informants and observing staff concerning the development, implementation and sustainability efforts of integrated care programming in a community mental health clinic 1 year after a Center for Medicare and Medicaid Innovation grant ended.

Sanctioned Resistance: New Public Management in Community Mental Health. 9/2015-6/2016

Interviewed 11 therapists and supervisors in 4 community mental health clinics in Washington and Minnesota concerning their experience with therapist billable expectations.

PUBLICATIONS & PRESENTATIONS

Peer-Reviewed Publications

Aby, Martha J. (2019). A case study of grant-funded integrated care in community mental health. *Journal of Behavioral Health Research*. On-line First. Doi.: 10.1007/s11414-019-09671-7

Aby, Martha J. (Under Review). Testing competence or cultural alignment?: Codeswitching through mental health licensure exams. *Journal of Ethnic and Cultural Diversity in Social Work*

Manuscripts in Progress

Aby, Martha J. and Lea, C. Legitimacy, resource dependence, implementation, and racial/ethnic agency identity: A case study of Minnesota's Cultural and Ethnic Minority Infrastructure Grant. (Manuscript in preparation)

Aby, Martha J. Implementing statewide programs outside of a vacuum: Applying the Policy Ecology of Implementation Framework. (Manuscript in preparation)

Peer-Review Conference Presentations

Aby, Martha J., Harrop, E., Willey, C. (2019) Leveraging the Reflexive Self in Research: Reflections on Cultivating a Self-Reflexive Practice. (Roundtable). *Society for Social Work Research*. San Francisco, California.

Aby, Martha J. (2018). “This is a Decade Process:” A Case Study of Integrated Care in Community Mental Health. *Society for Social Work Research*. Washington, D.C.

Aby, Martha J. (2017). Convenience, Community and Trust: Making Decisions about Health Care Service Providers. *International Congress of Qualitative Inquiry*. Champaign-Urbana, Illinois.

Aby, Martha J. (2017). Sanctioned Resistance. *Network for Social Work Management*. New York, New York.

Aby, Martha J. (2016). Making Physical Health Care More Convenient: The Client Experience of Services in a Mental Health Setting (poster). *Qualitative Health Research*. Kelowna, British Columbia.

Government Publications

Aby, Martha J. (2018). All over the map: A case study of Minnesota's Cultural and Ethnic Minority Infrastructure Grant. Minnesota Department of Human Services, Mental Health Division.

Intensive Treatment Services for Foster Care: Minnesota State Statutes 256B.0946 (2014). Medicaid benefit for children and youth in foster care to receive intensive treatment within a foster care setting.

Children's Mental Health Hospital Discharge/Transition to the Community Action Plan (2014). Summarized workgroup recommendations for augmenting children's mental health services within the State of Minnesota; compilation of multiple smaller workgroups and community involvement with over 40 providers, consumers, parents, advocates and insurance representatives.

Child and Adolescent Behavioral Health Services Legislative Report (2014). Report describing analysis of current functioning for Minnesota's Child and Adolescent Behavioral Health Services facility in Willmar, Minnesota and future recommendations, complying with Minnesota Session Laws 2013, section 108, article 4, section 29.

Children's Mental Health Announces New Service: Youth Assertive Community Treatment. (2012). Provided clarification on a new Medicaid service including billing expectations, paperwork and team certification requirements.

DHS Provides Clarification on Child Welfare and Juvenile Justice Mental Health Screening (2009). Provided policy clarification on grant program in Minnesota requiring child protection and juvenile justice workers to screen children for mental health disorders.

ADDITIONAL PROFESSIONAL EXPERIENCE

Seattle Children's Hospital, Seattle, Washington 7/2015-current

Per Diem Social Worker

Provide financial assistance, assessment and crisis intervention services to children and families receiving inpatient care.

Minnesota Department of Human Services, St. Paul, Minnesota 12/2008-8/2014

Clinical Capacity Development Specialist

Develop new Minnesota Health Care Program benefits (Youth Assertive Community Treatment, Intensive Children's Mental Health Treatment Services)

in Foster Care, Psychoeducational Services and Outpatient Treatment Rule). Conduct clinical reviews for Children's Residential Treatment. Trainings and grant management.

Mental Health Consultant

Technical assistance to 22 counties, mental health providers, Tribal nations and consumers in Minnesota. Grant management (including children's mental health screening and cultural and ethnic minority infrastructure grant). Trainings throughout state on Medicaid requirements.

Face to Face Health & Counseling, St. Paul, Minnesota.

7/2007-11/2008

Director of Mental Health

Provide leadership and direction to mental health department; direct supervisor to 12 therapists. Responsible for grant writing, department budget, strategic planning, and hiring.

Choices Psychotherapy, Brooklyn Park, Minnesota

1/2007-7/2007

Clinical Program Supervisor

Clinical supervisor for practitioners providing rehabilitative services. Diagnostic assessment services for new clients. Hiring and employee performance review.

Ramsey County Community Human Services

9/2001-1/2007

Project Assist Clinician

Provided diagnostic assessment and brief intervention to children and families in the child protection and juvenile justice systems.

Crisis Clinician

Diagnostic, crisis assessment, and brief intervention mobile services to children and families in Ramsey County.

Children's Mental Health Case Management: Initial Response Team

Case load of 15 recently diagnosed or in crisis children

PROFESSIONAL AFFILIATIONS & SERVICE

Social Work License

Washington LICSW LW60517736 (Active since 2015)

Minnesota LICSW 15389 (expired)

Academic Service

PhD Application Reviewer, University of Washington	2018
PhD Program Committee Student Representative (Elected), University of Washington	2015-2017
MSW Application Reviewer, University of Washington	2016-2019
Member Social Justice Committee	2014-2015
MSW Application Reviewer, University of Minnesota	2011-2013
MSW Curriculum Development, University of Minnesota	2011

REFERENCES

Amelia Gavin
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