

ANAO ZHANG, PHD, LCSW, ACSW, OSW-C, ACBT

Behar Endowed Associate Professor in Psychosocial Oncology
Director, Center for Interdisciplinary Psychosocial Oncology and
Palliative Care Research and Practice (IPOPC)

UNIVERSITY OF WASHINGTON

School of Social Work

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SUMMARY OF RESEARCH INTERESTS

- Adolescent and Young Adult (AYA) Cancer Survivorship
- Psychosocial Oncology and Palliative Care
- Evidence-Based Clinical Social Work Practice (in Healthcare Settings)
- Technology-Assisted Mental Health Assessment and Intervention
- Social Determinants of (Youth) Health
- Quantitative Methods (e.g., statistical machine learning, multi-level SEM, Meta-Analysis)

EDUCATION

Ph.D.	2018	The University of Texas at Austin , Austin, TX, USA Steve Hicks School of Social Work Social Work, <i>Dissertation Chair</i> : Cynthia Franklin, Ph.D.
Graduate Portfolio	2018	The University of Texas at Austin , Austin, TX, USA Department of Statistics and Data Sciences Applied Statistical Modeling, <i>Advisor</i> : Tasha Beretvas, Ph.D.
M.S.W.	2012	University of Pennsylvania , Philadelphia, PA, USA School of Social Policy & Practice Social Work, <i>Clinical Concentration</i>
LL.B.	2010	Fudan University , Shanghai, China School of Social Development and Public Policy Social Work, <i>Thesis with the Highest Distinction</i>

ACADEMIC APPOINTMENT

Jan. 2026 – Present	University of Washington School of Social Work <ul style="list-style-type: none">• 1/2/26 – Present <i>Behar Endowed Associate Professor in Psychosocial Oncology</i> (with tenure)
Jan. 2026 – Present	Center for Interdisciplinary Psychosocial Oncology and Palliative Care Research and Practice (IPOPC) at the University of Washington School of Social Work <ul style="list-style-type: none">• 1/2/26 – Present <i>Director</i>
Sep. 2019 – 2025	University of Michigan School of Social Work <ul style="list-style-type: none">• 9/1/24 – 12/31/25 <i>Associate Professor</i> (with tenure)• 9/1/19 – 8/30/24 <i>Assistant Professor</i> (tenure track)• 7/1/18 – 8/30/19 <i>Transitional Postdoctoral Fellow</i>
Jan. 2020 – 2025	Michigan Medicine Adolescent and Young Adult Oncology Program <ul style="list-style-type: none">• 1/1/20 – 12/31/25 <i>Research Director</i> for Clinical Services

		and Patient Outcomes
Sep. 2019 – 2025	Michigan Medicine Rogel Cancer Center	
	• 1/1/25 – 12/30/25	<i>Core Member</i> (Cancer Control & Population Science)
	• 9/1/19 – 1/1/25	<i>Affiliated Member</i> (Cancer Control & Population Science)
July. 2020 – 2025	University of Michigan Curtis Center for Health Services Research & Innovation	
	• 1/1/24 – Present	<i>Associate Director of Training</i>
	• 7/1/20 – 6/31/21	<i>Faculty Affiliate</i>

ADVANCED TRAINING

2024	<i>Trainee</i> , competitively selected Meta-Analysis Training Institute (MATI) Intensive Workshop on Advanced Meta-Analysis (Funded by the Institute of Education Sciences)
2024	<i>Trainee</i> , competitively selected MD Anderson Cancer Center Cancer Prevention Training Program Sexual and Gender Minority Cancer Research Program (Funded by the National Cancer Institute 1R25CA265802)
2021	<i>Trainee</i> , competitively selected Harvard Medical School Center for Palliative Care Research Methods in Supportive Oncology (Funded by the National Cancer Institute 1R25CA181000)

RESEARCH GRANTS

[Total amount awarded: \$2.9 million, including PI/MPI grant of \$2.1 million]

CURRENT/ACTIVE

(mPI: DuVall, Adam and Zhang, Anao)	Jun. 2025 – May 2028
National Cancer Institute 1R34CA297498-01	\$913,927
<i>Tailoring a fun and engaging tech-assisted cognitive behavioral therapy program for adolescents and young adults with hematological malignancies: A planning grant</i>	
Role: M-Principal Investigator	
(mPI: Zhang, Anao and Kayser, Jay)	May 2025 – Dec. 2026
University of Michigan Center for Research on Learning & Teaching	\$16,785
<i>Pedagogical Advancement for Valuing Equity (PAVE).</i>	
Role: M-Principal Investigator	
(PIship transferred to Dr. Addie Weaver due to transition from UM to UW)	
(PI: Zhang, Anao)	Sep. 2024 – Dec. 2026
Children’s Cancer Research Fund	\$150,000
<i>Solution-focused brief therapy as a hope-based intervention for adolescents and young adults’ psychological distress</i>	
Role: Principal Investigator	
(PIship transferred to Dr. Sunnye Mayes due to transition from UM to UW)	
(PI: Zhang, Anao)	Dec. 2023 – Dec. 2025
Cambia Health Foundation	\$180,000
<i>Building a model to integrate palliative care into adolescent and young adult (AYA) oncology programs.</i>	
Role: Principal Investigator	
(mPI: Walling, Emily and Zhang, Anao)	Dec. 2023 – Dec. 2025
Teen Cancer America Re-Grant	\$100,000
<i>Developing an early survivorship clinic for adolescents and young adults with cancer.</i>	
Role: M-Principal Investigator	

COMPLETED

(PI: Zhang, Anao)	Jan. 2023 – Jun. 2025
Patient-Centered Outcomes Research Institute (PCORI) EACB-26540	\$250,000
<i>Partnering to advance psycho-oncology services for underrepresented adolescents and young adults with cancer.</i>	
Role: Principal Investigator	
(mPI: Zhang, Anao and Lee, Janilla)	Sep. 2021 – Jun. 2025
Blue Cross Blue Shield of Michigan Foundation 2022040024 GM	\$33,000
<i>Asian American senior psychosocial wellness program.</i>	
Role: M-Principal Investigator	
(mPI: Zhang, Anao and Kim, Johnny)	July 2021 – Jun. 2025
Ellipsis Health Research Grant (SC38174-01-00)	\$200,000
<i>Validating and evaluating an Artificial Intelligence depression and anxiety screening tool for adolescents and youths</i>	
Role: M-Principal Investigator	
(PI: Walling, Emily and Francis-Levin, Nina)	Sep. 2021 – Jun. 2025
University of Michigan Institute for Research on Women and Gender	\$7,500
<i>Queering oncofertility: Exploring fertility preservation and sexual health for queer adolescents and young adults with cancer</i>	
Role: Co-Investigator	
(PI: Walling, Emily)	Mar. 2019 – Dec. 2025
Teen Cancer America Charitable Grant (TCA-HG-046)	\$220,206
<i>Developing a specific service clinic for Adolescent and Young Adult (AYA) cancer survivors</i>	
Role: site-PI (Social Work)	
(PI: Zhang, Anao)	Jan. 2023 – Sep. 2023
Michigan Medicine Rogel Cancer Center R01 Accelerator Award (GE026988)	\$20,000
<i>Validating the machine learning algorithms for distress detection and the clinical utility of an AI-enabled mobile app for distress monitoring among adolescents and young adults with cancer.</i>	
Role: Principal Investigator	
(PI: Zhang, Anao)	Jan. 2022 – Sep. 2023
Michigan Medicine Rogel Cancer Center Discovery Award (G026988)	\$75,000
<i>Evaluate the feasibility and acceptability of a speech-based and Artificial Intelligence enabled distress screening and monitoring app for adolescents and young adults diagnosed with cancer</i>	
Role: Principal Investigator	
(PI: Zhang, Anao)	Sep. 2019 – Sep. 2021
Julia's Legacy of Hope St. Baldrick's Supportive Care Research Grant	\$50,000
<i>Evaluating a tailored Cognitive Behavioral Therapy (CBT) for AYA cancer patients</i>	
Role: Principal Investigator	
(PI: Wang, Kaipeng)	July 2021 – June 2023
National Institute of Aging (P30-AG0059304)	\$35,000
<i>Attitudes toward and experiences of family involvement in end-of-life care among older Southeast Asian Americans and Chinese Americans: How does family relationship matter?</i>	
Role: Consultant	
(PI: Zhang, Anao)	July 2020 – June 2021
The Curtis Center Signature Program Initiative (U070401)	\$10,000
<i>Developing a psycho-oncology fellowship to support pre-doctoral health disparity research on adolescent and young adult sex and gender needs during cancer</i>	
Role: Principal Investigator	
(PI: Zhang, Anao)	Mar. 2019 – Feb. 2020
University of Michigan Institute for Clinical & Health Research (U065234)	\$5,000
<i>Developing a university-community partnership serving Asian Americans' mental health in Michigan: Preliminary community needs assessment</i>	
Role: Principal Investigator	
(PI: Zebrack, Bradley)	Jan. 2019 – Dec. 2020
Michigan Medicine Rogel Cancer Center	\$75,000

Understanding infertility risks and preferences for reproductive health among adolescent and young adult cancer patients.

Role: Co-Investigator

(mPI: Zhang, Anao, Hoelscher, Dianna et al.)

Sep. 2019 – Sep. 2020

University of Michigan Center for Research on Learning and Teaching

\$5,000

A case-based interprofessional virtual simulation to improve communication regarding patient safety

Role: M-Principal Investigator

(PI: Baker, Lawrance)

Jan. 2019 – Sep. 2019

The Hope Foundation for Cancer Research (N0 18908)

\$118,025

Sarcoma survivorship clinic: Managing the physical and psychological effects of cancer and its treatment

Role: site-PI (social work)

(mPI: Zhang, Anao and Ji, Qingying)

Jan. 2018 – Sep. 2019

Shanghai Jiaotong University Medical School Innovation Grant

\$20,000

The effectiveness of solution-focused brief therapy for Chinese parents of children with a cancer diagnosis: A bio-marker study

Role: Co-Principal Investigator

(PI: Zhang, Anao)

Sep. 2017 – Sep. 2018

Okura Mental Health Foundation

\$7,000

Solution-focused brief therapy for Asian American youths' school mental health: A comparative systematic review and meta-analysis between U.S. and Asia literature

Role: Principal Investigator

(PI: Wong, Irene)

Dec. 2015 – Aug. 2016

University of Pennsylvania China Research and Engagement Fund

\$119,623

Community In-Alliance for recovery: Challenging stigma of mental illness in rural China

Role: Research Assistant (Field Interviewer)

(PI: Zhang)

Jun. 2014 – July 2016

Shanghai Jiaotong University Medical School Pilot Grant

\$100,000

The clinical effectiveness of solution-focused brief therapy on parental distress in a pediatric cancer center

Role: Principal Investigator

(PI: Jing, Shijie)

May 2015 – May 2017

Chinese National Social Science Fund

\$100,000*

Social adjustment and promotion strategies for juvenile offenders after release in China

Role: Lead Statistician / Methodologist

SUBMITTED MAJOR GRANTS

(Only includes applications at the federal level (e.g., NIH) or applications with direct cost over \$250,000)

(mPI: Zhang and Weaver)

Submitted in 2024

Wellcome Funding (321045/Z/24/Z)

Not Funded

Developing, evaluating, and implementing a transdiagnostic technology-assisted cognitive behavioral therapy for youth experiencing depression and/or anxiety

Role: M-Principal Investigator

(PI: Zhang)

Submitted in 2022

Department of Defense (W81XWH-22-PRCRP-BHSA-2)

Scored: 2.2, Not Funded

Evaluating solution-focused brief therapy for psychological distress as a strength-based intervention in adolescents and young adults living with a cancer diagnosis

Role: Principal Investigator

(PI: Zhang)

Resubmitted in 2022

American Cancer Society Research Scholar Grant (R01)

Not Funded

Evaluating a technology-assisted cognitive behavioral therapy for depression among adolescent and young adult cancer survivors

Role: Principal Investigator

(PI: Zhang)

Submitted in 2022

National Cancer Institute (FOA: PAR-21-190, (R01 Clinical Trial Optional))

Scored: 4.4, Resubmitted

Evaluating solution-focused brief therapy as a brief and hope-based mental health intervention for psychological distress among adolescent and young adult cancer survivors

Role: Principal Investigator

(PI: DuVall)

Submitted in 2021

Gabrielle's Angel Foundation for Cancer Research

Not Funded

Adapting and evaluating solution-focused brief therapy as a hope-engendering therapeutic approach for adolescent and young adult cancer survivors with psychological distress

Role: Co-Investigator (Michigan site-PI)

(PI: Zhang)

Submitted in 2021

Department of Defense (FON: W81XWH-21-PRCRP-BHSA)

Result: Scored: 2.3, Not Funded

Developing and tailoring an engaging and tailorable technology-assisted cognitive behavioral treatment for AYA cancer survivors

Role: Program Director / Principal Investigator

(PI: Acquati)

Submitted in 2021

National Cancer Institute (FOA: RFA-CA-20-025, R21)

Not Funded

Evaluating the feasibility and acceptability of a mobile artificial intelligence (AI)-enabled depression and anxiety monitoring tool for adolescent and young adult cancer survivors

Role: Co-I (Michigan site-PI)

(PI: Zhang)

Submitted in 2020

National Cancer Institute (FOA: RFA-CA-20-027, R01)

Not Funded

Optimizing and evaluating an interactive, engaging, and artificial-intelligence enabled computer-based cognitive behavioral treatment for adolescent and young adult cancer survivors with depression

Role: M-Principal Investigator

(PI: Zhang)

Submitted in 2020

Department of Defense (FON: W81XWH-20-PRCRP-BHSA)

Result: Scored 2.0, Not Funded

Developing and tailoring an engaging and technology-assisted CBT for AYA cancer survivors' depression

Role: Principal Investigator

(mPI: Zhang and Zebrack)

Submitted in 2020

National Cancer Institute (FOA: CA19-033, (U01 Clinical Trial

Result: Scored 33, Not Funded

Required))

Developing and testing the efficacy of a tailorable, engaging, interactive, and technology-assisted Cognitive Behavioral Therapy treatment for depression in adolescents and young adults with cancer

Role: M-Principal Investigator

(PI: Zhang)

Submitted in 2020

National Cancer Institute (FOA: PA18-492, R21)

Result: Not Funded

Developing and testing an augmented reality enabled depression screening tool for adolescent and young adult cancer survivors

Role: Program Director / Principal Investigator

PEER-REVIEWED PUBLICATIONS

Total Pubs: N = 94 (n = 83 U-M Affiliation, n = 27 post-tenure review)

First/Senior Author: N = 37 (n = 34 U-M Affiliation)

Second Author: N = 21 (n = 20 U-M Affiliation)

Google Scholar Citations: 1,997, h-index: 24, i10-index: 49 (since 2020)

♣ indicate senior/corresponding author in a medical journal

* indicate student mentees (post-docs, phd, masters, and medical students or medical residents/fellows)

2026 (n = 5)

94 **Zhang, A.**, Dixon, S., & Bleyer, A. (2026). Advancing research for adolescents and young adults cancer: A position statement. *Journal of the Adolescent and Young Adult Oncology*. (IF: 1.2)

93 **Zhang, A.**, *Chen, M., *Brandon, R., Currin-McCulloch, J., Liu, X., Cheladyn, B., Ferrell, B., Jones, B., Zebrack, B., & DuVall, A. (2026). The current state of palliative care research for adolescents and young adults with cancer: A systematic review and meta-thematic analysis of empirical literature. *Psycho-Oncology*. <https://doi.org/10.1002/pon.70228> (IF: 3.5)

- 92 Zebrack, B., **Zhang, A.**, Ghazal, LV, Francis-Levin, N., & Brandon, RE. (2026). The essential nature of social work in cancer control. *Cancer Control*. <https://doi.org/10.1177/10732748251353081> (IF: 2.6)
- 91 *Yang, J., *Brandon, R., **Zhang, A.**, Yang, Y., & Zhang, H. (2026). Childhood emotional neglect and psychological distress among Chinese college students: The mediating roles of basic psychological needs and coping styles. *Children and Youth Services Review*. <https://doi.org/10.1016/j.chidyouth.2025.108479> (IF: 1.7)
- 90 Rubyan, M.J., Weaver, A., Tang, X., ..., **Zhang, A.**, Himle, J.A. (accepted). Perinatal WIC Client Perceptions of a Technology-Assisted, Entertaining, Evidence-Based Depression Treatment Program Tailored for Perinatal People. *Families in Society*. (IF: 1.1)

2025 (n = 13)

- 89 **Zhang, A.**, Urban-Wojcik, E., Seewald, M., & Zebrack, B. (2025). Mental health trajectories among U.S. survivors of adolescent and young adult cancer as they age. *JAMA Network Open*, 8(5): e2511430. [doi:10.1001/jamanetworkopen.2025.11430](https://doi.org/10.1001/jamanetworkopen.2025.11430) (IF: 10.5)
 → Media coverage by [Michigan News](#) and [Bioengineer](#).
- 88 Froerer, A., *Abadi, M., *Chen, M., & **Zhang, A.** (2025). Meta-analysis of solution-focused brief therapy research conducted in Iran: Does outcome type, intervention modality, or delivery format make a difference? *Journal of Marital and Family Therapy*. <https://doi.org/10.1111/jmft.12759> (IF: 1.8)
- 87 Vermeulen-Oskam, E., Franklin, C., van 't Hof, L. P. M., ... , **Zhang, A.** (2025). The current evidence of solution-focused brief therapy: A meta-analysis of psychosocial outcomes and moderating factors. *Clinical Psychology Review*. <https://doi.org/10.1016/j.cpr.2024.102512> (IF: 13.7)
- 86 *Dils, A. T., *O'Keefe, K., *Dakka, N., *Azar, M., *Chen, M., & **Zhang, A.** (2025). The efficacy of cognitive behavioral therapy for mental health and quality of life amongst individuals diagnosed with cancer: A systematic review and meta-analysis. *Cancer Medicine*. <https://doi.org/10.1002/cam4.70063> (IF: 2.9)
- 85 *Senger, T., **Zhang, A.**, Ordway, M., Stoddard, S., Voepel, T. (accepted). The role of sleep deficiency in the relationship between adverse childhood experiences and early adolescent pain outcomes. *Journal of Child Psychology and Psychiatry Advances*. DOI will be added once available
- 84 Jing, S., **Zhang, A.**, Yang, X., & Solomon, P. (2025). Evaluating solution-focused brief therapy for Chinese older adults: A pilot randomized controlled trial. *Research on Social Work Practice*. <https://doi.org/10.1177/10497315241271951> (IF: 1.7)
- 83 *Senger, T., **Zhang, A.**, Ordway, M., Stoddard, S., & Voepel-Lewis, T. (2025). Anxiety and depression symptoms, adverse childhood experiences, and persistent/recurrent pain across early adolescence. *Academic Pediatrics*. <https://doi.org/10.1016/j.acap.2024.08.013> (IF: 3.0)
- 82 *Zhang, L., *Xiao, J., **Zhang, A.**, Zhang, H. (accepted). A daily positive work reflection intervention for psychological distress among Chinese nurses: A pilot randomized controlled trial. *Frontiers in Psychology, Organizational Psychology*. DOI will be added once available (IF: 2.6)
- 81 *Senger, T., Voepel-Lewis, T., Stoddard, S., **Zhang, A.**, & Ordway, M. (2025). The impact of racial and ethnic identities and socioeconomic status in associations between adverse childhood experiences and adolescent sleep disturbances. *Child Abuse & Neglect*. <https://doi.org/10.1016/j.chiabu.2024.107236> (IF: 3.4)
- 80 Knoerl, R., Smener, L., Grandinetti, K., Fecher, L.A., Henry, N.L., ..., **Zhang, A.**, Barton D. Identifying adolescent and young adults' preferences for oncology symptom management clinical trial participation. *Cancer Nursing*. (IF: 2.6) DOI will be added once available
- 79 Acquati, C., Mena, K., Sanchez, C.LaMarca-Lyon, A., **Zhang, A.**, & Roth, M. (2025). Informing psychosocial care for young couples coping with early-onset breast cancer: A cross-sectional examination of unmet service needs and their association with psychological distress in the first year post-diagnosis. *Journal of Adolescent and Young Adult Oncology*. <https://doi.org/10.1089/jayao.2024.0002> (IF: 1.2)
- 78 Iannarino, N., Levin, N., Corrao, J., Stelmak, D., Tan, C., Ellman, E., **Zhang, A.**, ..., Zebrack, B. (in press). Experts of their own experience: Adolescent and young adult cancer patients' advice-giving as a coping mechanism. *Journal of Communication in Healthcare: Strategies, Media and Engagement in Global Health*. <https://doi.org/10.1080/17538068.2024.2438446>
- 77 Weaver, A., Jacobson, M., Holzworth, ..., **Zhang, A.**, & Himle, J.A. (in press). Moms & Babies Feeling Better Together: Open Pilot Outcomes of a Technology-Assisted, Entertaining, CBT-Based Depression Treatment for Low-Income Perinatal People Served by a Rural Michigan WIC Clinic. *Families in Society*. DOI will be added once available

2024 (n = 9)

- 76 *Francis-Levin, N. J., Ghazal, L., Francis, J., Zebrack, B., *Chen, M., & **Zhang, A.** (2024). Exploring the relationship between self-rated health and unmet cancer needs among sexual and gender minority adolescents and young adults with cancer. *Current Oncology*. <https://doi.org/10.3390/curroncol30100671> (IF: 2.6)
- 75 **Zhang, A.**, DuVall, A. S., Franklin, C., & Kim, J. S. (2024). Tailoring solution-focused brief therapy for adolescents and young adults with cancer: A qualitative investigation. *Clinical Social Work Journal*. <https://doi.org/10.1007/s10615-023-00883-1> (IF: 2.8)
- 74 An, Q., *Yu, Z., Sun, F., *Chen, J., & **Zhang, A.** (2024). The effectiveness of cognitive behavioral therapy for depression among individuals with diabetes: A systematic review and meta-analysis. *Current Diabetes Reports*. <https://doi.org/10.1007/s11892-023-01517-z> (IF: 5.43)
- 73 Lim, J., **Zhang, A.**, & Zebrack, B. (2024). Technology-based survivorship cancer interventions: A systematic review and meta-analysis. *Research on Social Work Practice*. <https://doi.org/10.1177/10497315231199940> (IF: 1.8)
- 72 *Tan, C., Levin, N., Stelmak, D., Iannarino, N., **Zhang, A.**, Herrel, L., ... Zebrack, B. (2024). Differentiating gender-based reproductive concerns among adolescents and young adult cancer patients: A mixed methods study. *Journal of Psychosocial Oncology*. <https://doi.org/10.1080/07347332.2023.2291798> (IF: 2.2)
- 71 Park, I.Y., Kim, J., Franklin, C., **Zhang, A.**, Guz, S., Shinohara, T., Yu, M., Cho, Y., Hai, A. (Accepted). Comparing the effectiveness of solution-focused brief therapy for adolescent outcomes in schools between the U.S. and East Asian studies: A systematic review and meta-analysis. *Families in Society*. <https://doi.org/10.1177/10443894241234089> (IF: 0.9)
- 70 *Wytiaz, V., *Levin, N., *Tan, J., *Stelmak, D., Iannarino, N., **Zhang, A.**, ... Zebrack, B. (2024). Body image disturbances in adolescent and young adult cancer patients confronting infertility risk and fertility preservation decisions. *Journal of Psychosocial Oncology*. <https://doi.org/10.1080/07347332.2023.2235607> (IF: 2.1)
- 69 Knoerl, R., Grandinetti, K., Smener, L., Doll, E., Fecher, A., Henry, N., ..., **Zhang, A.**, Barton, D. (2024). Exploring adolescent and young adult cancer survivors' experience with cancer treatment-related symptoms: A qualitative analysis of semi-structured interviews. *Journal of Adolescent and Young Adult Oncology*. DOI will be added once available (IF: 2.0)
- 68 Wright, H., Walker, M., Broadbent, S., ... **Zhang, A.**, Newton, R., & Marshall, S. (accepted). The effect of dietary interventions or patterns on the cardiometabolic health of individuals treated with androgen deprivation therapy for prostate cancer: A systematic review. *Maturitas*. <https://doi.org/10.1016/j.maturitas.2024.107940> (IF: 5.0)
- 2023 (n = 12)**
- 67 **Zhang, A.**, Delly, J., Meister, D., Jackson Levin, N., Blumenstein, K., Stuchell, B., & Walling, E. (2023). The relationship between unmet cancer care needs and self-rated health among adolescents and young adults with cancer. *Supportive Care in Cancer*. <https://doi.org/10.1007/s00520-023-07792-6> (IF: 3.36)
- 66 **Zhang, A.**, & Froerer, A. (2023). A clinical case study of solution-focused brief therapy for young adult cancer patients' psychological distress: Focusing on positive emotions. *Clinical Case Studies*. <https://doi.org/10.1177/15346501231161776> (IF: 0.64)
- 65 **Zhang, A.**, Wang, K., *Blumenstein, K., *Brose, A., *Kemp, C., *Meister, D., & Solomon, P. (2023). For whom and what outcomes does cognitive behavioral therapy work among cancer survivors: A systematic review and meta-analysis. *Supportive Care in Cancer*. <https://doi.org/10.1007/s00520-022-07337-3> (IF: 3.36)
- 64 **Zhang, A.**, Wang, K., Acquati, C., & Walling, E. (accepted). Age as a moderator for the association between depression and self-rated health among cancer survivors: A U.S. based population study. *Journal of Psychosocial Oncology*. <https://doi.org/10.1080/07347332.2022.2124393> (IF: 2.53)
- 63 **Zhang, A.**, *Kamat, A., Acquati, C., Aratow, M., Kim, J., DuVall, A. S., & Walling, E. (2023). Evaluating the feasibility and acceptability of an artificial intelligence (AI-) enabled and speech-based distress screening mobile app for adolescents and young adults (AYAs) diagnosed with cancer: A study protocol. *Cancers*, 14(4), 914; <https://doi.org/10.3390/cancers14040914> (IF: 6.58)
- 62 *Blumenstein, K., *Brose, A., *Kemp, C., *Meister, D., Walling, E., DuVall, A., & **Zhang, A.** (2023). Effectiveness of cognitive behavioral therapy in improving functional health in cancer survivors: A systematic review and meta-analysis. *Critical Reviews in Oncology/Hematology*, <https://doi.org/10.1016/j.critrevonc.2022.103709> (IF: 6.63)

- 61 Yu, Z., An, Q., Hawkins, J., & **Zhang, A.** (2023). Cognitive behavioral therapy for depression among Chinese diabetes patients: A meta-analysis. *Research on Social Work Practice*. <https://doi.org/10.1177/10497315231171374> (IF: 2.24)
- 60 Luo, Y., **Zhang, A.**, & An, Q. (2023). A parent education program for single fathers' parent-child relationship in rural China: A pretest posttest follow up study. *Research on Social Work Practice*. <https://doi.org/10.1177/10497315221112961> (IF: 2.24)
- 59 Acquati, C., Sonet, E., **Zhang, A.**, & *Ionescu, E. (2023). Social well-being in cancer survivorship: A cross-sectional analysis of self-reported relationship closeness and ambivalence from a community sample. *Current Oncology*. <https://doi.org/10.3390/curroncol30020133> (IF: 3.11)
- 58 Weaver, A., Landry, C., **Zhang, A.**, McQuown, L., Hahn, J., Harrington, M.M., ..., & Himle, J.A. (2023). Study protocol: A randomized controlled trial of Raising Our Spirits Together, an entertaining, group-based, technology-assisted cognitive behavioral therapy for depression, tailored for rural adults and delivery by clergy. *Contemporary Clinical Trials Communications*. <https://doi.org/10.1016/j.conctc.2022.100952> (IF: 2.23)
- 57 Franklin, C., *Xiao, D., Kim, J., **Zhang, A.**, Hai, A., *Jones, K., Nachbaur, M., & O'Connor, A. (accepted). Solution-focused brief therapy in community-based services: A meta-analysis of randomized controlled studies. *Research on Social Work Practice*. <https://doi.org/10.1177/10497315231162611> (IF: 1.98)
- 56 *Levin, N., *Chiu, Yi T., Stelmak, D., Iannarino, N., **Zhang, A.**, Ellman, E., ... Zebrack, B.J. (2023). Banking on fertility preservation: Financial concern for adolescent and young adult cancer patients considering oncofertility services. *Journal of Adolescent and Young Adult Oncology*. <https://doi.org/10.1089/jayao.2022.0055> (IF: 1.76)
- 2022 (n = 11)**
- 55 **Zhang, A.**, Weaver, A., Walling, E., Zebrack, B., *Levin, N. J., Stuchell, B., & Himle, J. (2022). Evaluating an engaging and coach-assisted online cognitive behavioral therapy for depression among adolescent and young adult cancer survivors: A pilot feasibility trial. *Journal of Psychosocial Oncology*. <https://doi.org/10.1080/07347332.2021.2011530> (IF: 2.53)
- 54 **Zhang, A.** (2022). Solution-focused brief therapy for depression among adolescents and young adults with cancer: An open pilot trial. *Research on Social Work Practice*. <https://doi.org/10.1177/10497315211062508> (IF: 2.24)
- 53 **Zhang, A.**, Wang, K., & DuVall, A. (2022). Examining the moderating role of education on the association between depression and self-rated health among cancer survivors: A population-based study. *Current Oncology*. <https://doi.org/10.3390/curroncol28050343> (IF: 3.68)
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2017 or before (n = 8)

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- 2 **Zhang, A.**, & Ji, Q. (2013). The effectiveness of family system intervention of pediatric oncology patients: A randomized control trial. *Chinese Journal of Hospital Administration*, 28(3), 203 – 208. (paper in Chinese)
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R&R or Under Review or In Progress

1. Yu, Z., **Zhang, A.**, Chen, M., Rosa, W., Mayes, S., Son, H., & Wang, K. (under review). Linking changes in self-rated health to depression trajectories among middle-aged and older cancer survivors: A longitudinal investigation. *Depression and Anxiety*.
2. Bleyer, A., **Zhang, A.**, Kahn, J., DuVall, A. S., Estrada, J., & Zebrack, B. (under review). Decreased cancer deaths in young adults in Medicaid States after passage of the Affordable Care Act and its dependent coverage expansion. *Cancer Medicine*.

BOOK

- 1 **Zhang, A.**, Tsai, W., & Fann, J. (Eds., active contract). *Cognitive behavior therapy for individuals living with cancer*. Wiley.

Book Chapters or Reviews

- 13 *Brandon, R. & **Zhang, A.** (2025). Strategies to mitigate young cancer survivors with depression. In Martin, C.R., Preedy, V.R., Patel, V.B., and Rajendram, R. (Ed.), *The Behavior and Psychology of Disease*. Springer. https://doi.org/10.1007/978-3-031-32046-0_69-1#DOI
- 12 Solomon, P., **Zhang, A.**, & *Tham, S. (2025). Randomized Controlled Trials in Social Work. In E. Mullen (Ed.). *Oxford Bibliography in Social Work*. Oxford University Press.
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- 2 Franklin, C., & **Zhang, A.** (2016). Quantitative assessment methods. In C. Jordan, & C. Franklin (Eds.) (2016) *Clinical Assessment for Social Workers, (4th Edition)*, New York: Oxford University Press.
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Media Exposure

- 6 For people with cancer, cognitive behavioral therapy eases depression and anxiety. Report at *Everyday Health*. Link: <https://www.everydayhealth.com/cancer/for-people-with-cancer-cbt-eases-depression-and-anxiety/>
- 5 I developed the Symposium "Achieving Health Equity in Adolescent and Young Adult (AYA) Psycho-Oncology Care," which was featured in New York Post and Fox News
University of Maryland professor urges antiracism principles in cancer research. *New York Post*. Link: <https://nypost.com/2023/03/15/maryland-professor-urges-antiracism-principles-in-cancer-research/>
Professor argues cancer research not antiracist enough, offers antiracist approaches to patient engagement. Fox News. Link: <https://www.foxnews.com/media/professor-arguing-cancer-research-not-antiracist-comment-enough-christabel-cheung>
- 4 With new award, Rogel researchers will work to bring equity to AYA cancer research and outcomes. *Rogel Cancer Center News*. Link: <https://www.rogelcancercenter.org/news/archive/new-award-rogel-researchers-will-work-bring-equity-aya-cancer-research-and-outcomes>
- 3 Meet the team that's changing cancer experiences for teenagers, young adults. An interview with *Michigan Medicine Health Lab*. Link: <https://labblog.uofmhealth.org/industry-dx/meet-team-thats-changing-cancer-experiences-for-teenagers-young-adults>

- 2 Hopefulness, mental health, and wellness counseling are vital for young Asian American cancer survivor. An interview with *Centers for Disease Control and Prevention, Division of Cancer Prevention and Control*. Link: <https://blogs.cdc.gov/cancer/2020/06/30/hopefulness-mental-health-and-wellness-counseling-are-vital-for-young-asian-american-cancer-survivors/>
- 1 Adolescent and Young Adult Oncology. Podcast with “3Ps of Cancer: Prevention, Preparedness & Progress” at the *Michigan Medicine Rogel Cancer Center* podcast network. Link: <https://shows.acast.com/3psofcancer/episodes/adolescent-and-young-adult-oncology>

PLENARY KEYNOTE PRESENTATION

- 2 Jones, B., **Zhang, A.**, et al. (2025, February). *Sustaining your energy and vision as a leader*. Cambria Leadership Breakfast Panel. Co-Panelists with Barbara Jones, Rachel Thienprayoon, Paul Galchutt, Channing Tate, and Tamryn Gray. The 2025 Annual Assembly of Hospice & Palliative Care, Denver, CO.
- 1 **Zhang, A.** (2024, March). *Collaborating with BIPOC and SGM adolescents and young adults with cancer to understand their needs for service and clinical trial participation*. Health Equity Scholars Plenary (invited) at the 2024 American Psychosocial Oncology Society Annual Conference: Advancing Psychosocial Oncology within a Changing Landscape in Albuquerque, NM.

PEER-REVIEWED PRESENTATIONS

Statistical Methods or Clinical Practice Workshops (Peer-Reviewed):

- 14 **Zhang, A.**, & Zhang, X. (2026, January). *Connecting statistical and machine learning models in social work research: An introduction*. Methodological Workshop at the 2026 Society for Social Work and Research Annual Conference: Leading for Transformative Change: Aligning Social Work Science with Policy and Practice, Washington, DC.
- 13 **Zhang, A.**, & Brandon, R. (2025, June). *Utilizing the generic cognitive model of CBT for individuals living with a cancer diagnosis: An advanced CBT workshop*. Pre-Conference Clinical Workshop at the 2025 Association of Oncology Social Work Annual Conference: Unite to Ignite: Cultivating Connections, Atlanta, Georgia.
- 12 **Zhang, A.** (2024, January). *Structural equation modeling with categorical variables*. Methodological Workshop at the 2024 Society for Social Work and Research Annual Conference: Recentering & Democratizing Knowledge: The Next 30 Years of Social Work Science, Washington, DC.
- 11 **Zhang, A.** (2023, June). *Solution-focused brief therapy as a brief and hope-based mental health for adolescents and young adults diagnosed with cancer*. Clinical Intensive Workshop at the 2023 Association of Oncology Social Work Annual Conference, New Orleans, LA. *Canceled due to flight cancellation in 2022, accepted again in 2023*.
- 10 **Zhang, A.**, Lee, J., & Hong, S. (2022, January). *Publication bias assessment methods and interpretation in meta-analysis: A friendly introduction*. Methodological Workshop at the 2022 Society for Social Work and Research Annual Conference: Social Work Science for Racial, Social, and Political Justice, Washington, DC.
- 9 **Zhang, A.**, & Franklin, C. (2020, November). *Teaching evidence-based practice through systematic review and meta-analysis for doctoral students*. Interactive Workshop at the 2020 Council on Social Work Education Annual Program Meeting: Leading, Critical, Conversations: Diversity, Equity, and Inclusion in Denver, CO.
- 8 **Zhang, A.**, & Currin-McColluch, J. (2020, June). *Delivering solution-focused brief therapy for cancer patients: Bridging theory and clinical practices*. Clinical Learning Institute at the 2020 Association of Oncology Social Work Annual Conference: Creating a 2020 Vision in Oncology Social Work, Raleigh, North Carolina.
- 7 **Zhang, A.**, Wang, K., & Chen, Y. (2020, Jan.). *Meta-regression with robust variance estimation: A friendly introduction with R*. Methodological Workshop at the 2020 Society for Social Work and Research Annual Conference: Reducing Racial and Economic Inequality, Washington, DC.
- 6 **Zhang, A.**, Oh, S., & Hai, A. H. (2019, Jan.). *Improving propensity score analysis using machine learning: A friendly introduction with R demonstration*. Methodological Workshop presentation at the 2019 Society

- for Social Work and Research Annual Conference: Ending Gender Based, Family and Community Violence, San Francisco, CA.
- 5 **Zhang, A.**, Park, S., & Franklin, C. (2018, Jan.). *Advances in Single-Subject Design Effect Size for Meta-Analysis: Introducing a 4-Parameter Regression Model*. Methodological Workshop presentation at the 2018 Society for Social Work and Research Annual Conference: Achieving Equal Opportunity, Equity, and Justice, Washington D.C
 - 4 Franklin, C., & **Zhang, A.** (2017, Jan.). *Tackling challenges in systematic review and meta-analysis: An update on methodological advances*. Methodological Symposium presentation at the 2017 Society for Social Work and Research Annual Conference: Ensure Healthy Development of All Youth, New Orleans, LA.
 - 3 Beretvas, S. N., Park, S., Franklin, C., & **Zhang, A.** (2017, Jan.). *Handling dependent effect sizes using robust variance estimation: An SPSS demonstration*. Methodological Workshop presentation at the 2017 Society for Social Work Research Annual Conference: Ensure Healthy Development of All Youth, New Orleans, LA.
 - 2 Currin-McColluch, J., & **Zhang, A.** (2016, Nov.). *Inter-professional education: An international perspective derived from systematic review of the empirical literature*. Methodological Symposium presentation at the 2016 Council on Social Work Education 62nd Annual Program Meeting: Advancing Collaborative Practice through Social Work Education, Atlanta, GA.
 - 1 Franklin, C., **Zhang, A.**, Jordan, C. (2016, Jun.). *Effective Solution-Focused Brief Therapy Interventions with Chinese Populations*. Clinical Symposium presentation at the NASW National Conference, Leading Change | Transforming Lives, Washington, D.C.

Peer-Reviewed Oral Presentation:

- 49 **Zhang, A.** (Symposium Chair), & Zebrack, B (discussant). (2026, January). Transdisciplinary science in oncology social work. Symposium Presentation at the 2026 Society for Social Work and Research Annual Conference: Leading for Transformative Change: Aligning Social Work Science with Policy and Practice, Washington, DC.
 - **Zhang, A.** Understanding the long-term mental health trajectory among survivors of adolescent and young adult cancer in the United States.
 - Chen, M. Financial hardship and mental health among cancer survivors: Examining the intersectional impact of age at diagnosis.
 - Brandon, R. Unveiling the relationship between mental and physical health trajectories among older adult cancer survivors: The moderating role of loneliness.
- 48 **Zhang, A.**, Brandon, R., & Chen, M. (2025, March). *The integration of research and clinical agendas in AYA oncology programs*. Symposium Presentation at the 2025 American Psychosocial Oncology Society: Strengthening Bridges between Clinical Practice and Research: New Perspectives in Psychosocial Oncology, Pittsburgh, PA.
- 47 **Zhang, A.**, Chen, M., & Brandon, R. (2025, March). *Strategies promoting recruiting diverse AYA cancer patients across research programs*. Symposium Presentation at the 2025 American Psychosocial Oncology Society: Strengthening Bridges between Clinical Practice and Research: New Perspectives in Psychosocial Oncology, Pittsburgh, PA.
- 46 **Zhang, A.** & Chen, M. (2025, January). *An open pilot testing solution-focused brief therapy as a strength-based approach for depression in adolescent and young adult cancer survivors*. Oral presentation at the 2025 Society for Social Work and Research Annual Conference: Strengthening Social Impact through Collaborative Research, Seattle, Washington.
- 45 **Zhang, A.** & Ghazal, L. (symposium co-chairs) (2024, March). *Frontiers in adolescent and young adult psycho-oncology research and practice: A forward-looking approach in a changing landscape*. Symposium Session at the 21st Annual American Psychosocial Oncology Society Conference: Advancing Psychosocial Oncology within a Changing Landscape, Albuquerque, New Mexico.
 - Zebrack, B., & Brandon, R. Social genomics as a framework for understanding health disparities among adolescent and young adult cancer survivors.
 - **Zhang, A.**, & Chen, M. Using an artificial intelligence (AI-) enabled tool to reconceptualize distress monitoring for adolescents and young adults with cancer: Feasibility and acceptability.

- Tan, J. Evaluating an engaging and computer-assisted CBT for adolescent and young adults with cancer: A pilot randomized controlled trial.
- 44 **Zhang, A.** (symposium chair) & Zebrack, B. (session discussant) (2024, January). *Advancing health equity for adolescents and young adults (AYA) with cancer: The role of (advanced) technology*. Symposium Session at the 2024 Society for Social Work and Research Annual Conference: Recentering & Democratizing Knowledge: The Next 30 Years of Social Work Science, Washington, DC.
- Tan, C. Y. Technology-assisted intervention for adolescents and young adults with cancer: A systematic review and meta-analysis.
 - Francis-Levin, N. J. Technology-assisted cognitive behavioral therapy for adolescents and young adults with cancer: A pilot randomized controlled trial.
 - Brandon, R. Feasibility and acceptability of an artificial intelligence (AI-) enabled distress monitoring tool for adolescents and young adults with cancer: A clinical study.
- 43 Franklin, C., Ding, X., Kim, J., **Zhang, A.**, Hai, A., Jones, K., ... O'Connor A. (2024, January). *Solution-focused brief therapy in community-based clinical services: A meta-analysis of randomized controlled studies*. Oral presentation at the 2024 Society for Social Work and Research Annual Conference: Recentering & Democratizing Knowledge: The Next 30 Years of Social Work Science, Washington, D.C.
- 42 **Zhang, A.** (session chair) & Zebrack, B. (co-chair) (2023, June). *Understanding and evaluating health and mental health disparities among adolescents and young adults with cancer: Investigation findings from an integrative research group affiliated with an AYA Oncology Program*. Breakout Session at The 5th Global Adolescent and Young Adult Cancer Congress, Long Beach, CA.
- Jackson Levin, N., & **Zhang, A.** Exploring the relationship between self-rated health and unmet needs among sexual and gender minority adolescent and young adults with cancer.
 - Quiry, M., **Zhang, A.**, Walling, E., & Tan, J. Effectiveness of supportive intervention for AYA cancer patients' psychosocial outcomes: A systematic review and meta-analysis.
 - Villarreal, C., Kamat, A., Walling, E., Stuchell, E., & **Zhang, A.** The feasibility of an artificial intelligence (AI) enabled distress screening tool for AYAs with cancer.
 - Tan, J., Stuchell, E., Walling, E., Himle, J., Weaver, A., & **Zhang, A.** Evaluating the effectiveness of a computer-based CBT for AYAs with cancer: A pilot randomized controlled trial.
- 41 **Zhang, A.** (2023, June). *Cognitive behavioral therapy for cancer patients reported outcomes: A systematic review and meta-analysis*. Oral Presentation at the 2023 Association of Oncology Social Work Annual Conference, New Orleans, LA.
- 40 Smith, M., Himle, J., Weaver, A., & **Zhang, A.** (2022, Nov.). *Leveraging technology and community-engaged approaches to increase access to evidence-supported mental health treatment*. Symposium Presentation at the 2022 Mental Health Services Research Conference by the National Institute of Mental Health (NIMH). Online
- 39 **Zhang, A.**, & Walling, E. (2022, January). "*Mind Your Total Health*" for adolescent and young adult cancer survivors: A feasibility trial. Symposium Presentation at the 2022 Society for Social Work and Research Annual Conference: Social Work Science for Racial, Social, and Political Justice, Washington, DC.
- 38 **Zhang, A.** (2022, January). *Solution-focused brief therapy for adolescent and young adult cancer patients in China: A pilot randomized controlled trial*. Oral Presentation at the 2022 Society for Social Work and Research Annual Conference: Social Work Science for Racial, Social, and Political Justice, Washington, DC.
- 37 Acquati, C., Miller-Sonet, E., **Zhang, A.**, & Ionescu, E. (2022, January). *Social wellbeing during cancer survivorship: A cross-sectional examination of self-reported positive and negative effects of the illness in the context of close relationships*. Oral Presentation at the 2022 Society for Social Work and Research Annual Conference: Social Work Science for Racial, Social, and Political Justice, Washington, DC.
- 36 Levin N., **Zhang A.**, Kattari K.S., Moravek M.B., Zebrack B.J. (2021, January) "*Sexual and gender plurality: Considerations for a diverse and inclusive approach to oncofertility care.*" Oral presentation. 4th Global Adolescent and Young Adult (AYA) Cancer Congress. Virtual.
- 35 Acquati, C., **Zhang, A.**, Miller-Sonet, E., Ionescu, E. (2022, January). Psychological distress and perceived change in self-reported quality of life during cancer survivorship: Exploring sociodemographic, clinical, and relational factors. Oral Presentation at the 2022 Society for Social Work and Research Annual Conference: Social Work Science for Racial, Social, and Political Justice, Washington, DC.

- 34 Levin, N. J., **Zhang, A.**, Kattari, K.S., Moravek, M. B., Zebrack B. J. (2021, December). *Sexual and gender plurality: Considerations for a diverse and inclusive approach to oncofertility care*. Oral Presentation at the 4th Global Adolescent and Young Adult (AYA) Cancer Congress. Virtual.
- 33 Wang, K., Cuevas, A. G., **Zhang, A.**, De Fries, C. M., Hinton, L., & Falcón, L. (2021, November). *Association between post-traumatic stress and depression among older Puerto Ricans: How does loneliness matter?* Paper presented at the Gerontological Society of America Annual Scientific Meeting, Phoenix, AZ.
- 32 Stuchell, B., Walling, E., **Zhang, A.**, & Dils, A. (2021, May.). Creating a program to support adolescents and young adults with cancer. Oral presentation at the 2021 Virtual Conference on Adolescent Health. Online Virtual.
- 31 **Zhang, A.**, Guz, S., Kim, J., & Franklin, C. (2021, Jan.). *Solution-focused brief therapy for students in schools: A comparative meta-analysis of the English and Chinese literature*. Oral presentation at the 2021 Society for Social Work and Research Annual Conference: Social Work Science for Social Change. Online Virtual.
- 31 Levin, N., **Zhang, A.**, & Zebrack, B. (2021, Jan.). *Sexual and gender plurality: Considerations for a diverse and inclusive approach to quality care for adolescents and young adults with cancer*. Panel Presentation at the 2021 Society for Social Work and Research Annual Conference: Social Work Science for Social Change. Online Virtual.
- 30 Corcoran, J., **Zhang, A.**, & Li, L. (2020, Nov.). A systematic review and meta-analysis of interventions for low-income women with depression. Paper presentation at the 2020 Council on Social Work Education Annual Program Meeting: Leading, Critical, Conversations: Diversity, Equity, and Inclusion in Denver, CO.
- 29 De Luca, S. & **Zhang, A.** (accepted but withdrew due to COVID. 2020, Nov.). Teaching culturally appropriate preventions and interventions for suicide among API adolescents. Panel Presentation at the 2020 Council on Social Work Education Annual Program Meeting: Leading, Critical, Conversations: Diversity, Equity, and Inclusion in Denver, CO.
- 28 **Zhang, A.** (2020, June). *Understanding depression and anxiety among Chinese adolescent and young adult cancer patients*. AYA Panel Symposium at the 2020 Association of Oncology Social Work Annual Conference: Creating a 2020 Vision in Oncology Social Work, Raleigh, North Carolina.
- 27 Nelson, A., Ayers, E., Sun, F., & **Zhang, A.** (2020, Jan.). *A systematic review and meta-analysis of culturally adaptive interventions for Latino populations with anxiety or depression*. Oral presentation at the 2020 Society for Social Work and Research Annual Conference: Reducing Racial and Economic Inequality, Washington, DC.
- 26 **Zhang, A.**, Hu, R., Li, L., & Wang, K. (2019, Nov.). *Age moderates the association between engagement in mindfulness and psychological distress among cancer survivors*. Oral presentation at the GSA 2019 Annual Scientific Meeting: Strength in Age: Harnessing the Power of Networks, Austin, Texas.
- 25 Wang, K., **Zhang, A.**, Sun, F., & Hu, R. (2019, Nov.). *Family cohesion moderates the relationship between acculturation and health among older Chinese Americans*. Oral presentation at the GSA 2019 Annual Scientific Meeting: Strength in Age: Harnessing the Power of Networks, Austin, Texas.
- 24 O’Gara, J., **Zhang, A.**, Padilla, Y., Liu, C., & Wang, K. (2019, Oct.). *The crucial role of closeness: Linking father-child relationships with adolescent health*. Oral presentation at the 2019 Council on Social Work Education 65th Annual Program Meeting: Social Work Education: Looking Back, Looking Forward, Denver, Colorado.
- 23 **Zhang, A.**, Bornheimer, L. A., Franklin, C., & Oh, S. (2019, Oct.). *Supporting Asian-Pacific-Islanders doctoral students for an increasingly competitive job market*. Panel presentation at the 2019 Council on Social Work Education 65th Annual Program Meeting: Social Work Education: Looking Back, Looking Forward, Denver, Colorado.
- 22 Gutierrez, T., Wang, K., & **Zhang, A.** (2019, Oct.). *Instructor-Student Relationship Quality and Student Engagement in Online Social Work Education*. Oral presentation at the 2019 Council on Social Work Education 65th Annual Program Meeting: Social Work Education: Looking Back, Looking Forward, Denver, Colorado.
- 21 **Zhang, A.**, Bornheimer, L. A., & Wang, K. (2019, Oct.). *Does CBT remain effective for depression and anxiety in primary care? A meta-analysis*. Oral presentation at the 2019 Council on Social Work Education 65th Annual Program Meeting: Social Work Education: Looking Back, Looking Forward, Denver, Colorado.

- 20 Wang, K., **Zhang, A.**, Hu, X. R., Sun, F. (2019, Oct.). *Family-cohesion moderates the relationship between acculturation and health among older Chinese immigrants*. Oral presentation at the 2019 Council on Social Work Education 65th Annual Program Meeting: Social Work Education: Looking Back, Looking Forward, Denver, Colorado.
- 19 **Zhang, A.** (2019, Mar.). *Solution-focused brief therapy for parental distress in pediatric oncology: A pilot randomized controlled trial*. Podium presentation at the 2019 Annual Conference of the American Psychosocial Oncology Society: We're all in this together: Bringing together diverse perspectives, professionals, and programs, Atlanta, GA.
- 18 Liu, C., De Luca, S., Song, X., **Zhang, A.**, & Oh, S. (2019, Jan.). *How gender moderates the relationship between bullying victimization and adolescents' physical health status*. Oral presentation at the 2019 Society for Social Work and Research Annual Conference: Ending Gender Based, Family and Community Violence, San Francisco, CA.
- 17 **Zhang, A.**, Zhou, S., Wang, X., & Ai, B. (2018, Nov.). *Mentoring Chinese doctoral students for teaching and researching social justice issues*. Panel presentation at the 2018 Council on Social Work Education 64th Annual Program Meeting: Expanding Interprofessional Education to Achieve Social Justice, Orlando, FL.
- 16 Liu, C., & **Zhang, A.** (2018, Nov.). *Interprofessional practice for primarycare depression and anxiety: A systematic and meta-analytic review*. Oral presentation at the 2018 Council on Social Work Education 64th Annual Program Meeting: Expanding Interprofessional Education to Achieve Social Justice, Orlando, FL.
- 15 **Zhang, A.**, Beretvas, T., Park, S., & Franklin, C. (2018, Jan.). *The Effectiveness of Solution-Focused Brief Therapy in healthcare settings: A systematic review and meta-analysis*. Oral presentation at the 2018 Society for Social Work Research Annual Conference: Achieving Equal Opportunity, Equity, and Justice, Washington D.C.
- 14 **Zhang, A.**, & Park, S. (2018, Jan.). *Evaluating Effectiveness of Problem-Solving Therapy for primary care depression and anxiety: A systematic review and meta-analysis*. Oral presentation at the 2018 Society for Social Work Research Annual Conference: Achieving Equal Opportunity, Equity, and Justice, Washington D.C.
- 13 Kim, J., Franklin, C., & **Zhang, A.** (2018, Jan.). *Evidence-based collaboration with teachers: Systematic-review and meta-analysis of teacher delivered school-based mental health interventions*. Oral presentation at the 2018 Society for Social Work Research Annual Conference: Achieving Equal Opportunity, Equity, and Justice, Washington D.C.
- 12 **Zhang, A.**, & Currin-McColluch, J. (2017, Oct.). *Solution focused brief therapy for Chinese parents' distress in pediatric cardiology: A pilot randomized controlled trial*. Oral presentation at The 2017 CSWE 63rd Annual Program Meeting: Educating for the Social Work Grand Challenges, Dallas, TX.
- 11 Kim, J., Franklin, C., **Zhang, A.**, & Guz, S. (2017, Oct.). *Evidence-based collaboration with teachers: Systematic review and meta-analysis of teacher delivered school based mental health interventions*. Oral presentation at the 2017 Council on Social Work Education 63rd Annual Program Meeting: Educating for the Social Work Grand Challenges, Dallas, TX.
- 10 Currin-McCulloch, J. A. & **Zhang, A.** (2017, June) The effectiveness of solution-focused brief therapy for distress in Chinese parents of children with cancer diagnoses: A randomized controlled trial. The 2017 Association of Oncology Social Work Conference, Denver, CO.
- 9 **Zhang, A.**, Ji, Q. Y., & Currin-McColluch, J. (2017, Jan.). *The effectiveness of Solution-focused brief therapy for distress of parents of children with congenital heart conditions in China: A pilot randomized controlled trial*. Oral presentation at the 2017 Society for Social Work Research Annual Conference: Ensure Healthy Development of All Youth, New Orleans, LA.
- 8 **Zhang, A.**, Currin-McColluch, J., & Franklin, C. (2016, Nov.). *Teaching SFBT for Collaborative Practice in Health Care: A Systematic Review of Evidence*. Oral presentation at the 2016 Council on Social Work Education 62nd Annual Program Meeting: Advancing Collaborative Practice through Social Work Education, Atlanta, GA.
- 7 **Zhang, A.**, & Ji, Q. Y. (2016, Jul.). *Integrated healthcare and integrated behavioral health: From theory to practice implications*. Oral presentation at the Annual Conference of China Sociology Association, LanZhou, China.
- 6 **Zhang, A.**, Chen, Y. T., & Li, Y. X. (2016, Jun.). *Demographic, structural and psychosocial variables associated with an individual's internal health locus of control*. Oral presentation at the Joint World Conference on Social Work, Education and Social Development. COEX, Seoul, Korea.

- 5 Ji, Q. Y., **Zhang, A.**, & Chen, Y. T. (2016, Jun.). *Transforming healthcare of the future: Integrated behavioral health in medical settings*. Oral presentation at the Joint World Conference on Social Work, Education and Social Development. COEX, Seoul, Korea.
- 4 **Zhang, A.**, & Currin-McColluch, J. A. (2016, Apr.). *The effectiveness of solution-focused brief therapy in healthcare settings: A systematic review*. The University of Texas at Austin McCombs School of Business Innovation in Healthcare Delivery Symposium: Reimagining Healthcare: Improving the Present, Designing the Future, Austin, TX.
- 3 **Zhang, A.**, Li, Y. X., & Chen, Y. T. (2015, Sep.). *Practicing SFBT in an integrated medical/healthcare setting: Why it will work?* Oral presentation at the 2015 SFBT Clinical Applications Conference, Online at Stockholm, Sweden.
- 2 **Zhang, A.**, & Walsh, C. (2015, Jul.). *Understanding theoretical frameworks of collaboration in an interdisciplinary healthcare team*. Oral presentation at the 2015 Chinese International Medical/Healthcare Social Work Symposium: Health / Medical Social Work – Mission, Professionalization and the Future, Shanghai, China.
- 1 **Zhang, A.** (2011, Nov.). *Clinical social work intervention in pediatric hospitals in China: Lessons and experiences from the West*. Oral presentation at the 1st Shanghai International Medical Social Work Conference, Shanghai, China.

Peer-Reviewed Poster Presentations:

- 17 Swallow, J., Richesson, R., Scott, E.L., **Zhang, A.**, Moyer, C., Singh, S., Reeves, S.L. (2025, May). *Health system documentation of transportation barriers for children living with sickle cell disease*. Poster Presentation at the 2025 Canadian Association of Health Services and Policy Research, Ottawa, Canada.
- 16 Ghazal, L., **Zhang, A.**, Cheung, C. (2024, May). *Experiences of underrepresented adolescent and young adult (AYA) cancer survivors engaging in research-related activities*. Poster Presentation at the American Society of Clinical Oncology (ASCO) Annual Meeting, Chicago, IL.
- 15 Wytiaz, V., Levin, N., Tan, J., Stelmak, Iannarino, N., **Zhang, A.**, ..., & Zebrack, B. (2023, November). *Identifying concerns of adolescent and young adult sarcoma patients and survivors following fertility preservation*. Connective Poster Presentation at the Tissues Oncology Society (CTOS 2023) Annual Program Meeting, Dublin, Ireland.
- 14 **Zhang, A.**, Ghazal, L., Jackson Levin, N., & Zebrack, B. (2023, Oct.). *Considerations and recommendations for mHealth interventions for substance use among Sexual and Gender Minority (SGM) adults: A narrative review of qualitative studies*. Poster Presentation at The Science of Cancer Health Equity for SGM Communities Conference, New York, NY.
- 13 Tan, C., Stelmak, D., Levin, N., **Zhang, A.**, & Zebrack, B. (2023, April). *Sex differences in reproductive concerns for adolescent and young adult (AYA) cancer patients*. Poster Presentation at the Society of Behavioral Medicine 44th Annual Meeting & Scientific Sessions: Translating Science into Impact, Phoenix, AZ.
- 12 Jackson Levin, N., Chiu, Yi T., Stelmak, D., **Zhang, A.**, Haymart, M., Zebrack B. (2022, May). "Hopefully I Will Have the Financial Resources to Pay for All of That": Financial Concern for Adolescent and Young Adult Cancer Patients Encountering Infertility and Fertility Preservation Services." Poster Presentation. Organization for the Study of Sex Differences 16th Annual Meeting. Marina del Ray, CA.
- 11 Tan, C., & **Zhang, A.** (2021, October). *Meta-analysis of psychosocial interventions for pediatric, adolescent and young adult cancer survivors*. Poster presentation at the 53rd Congress of the International Society of Paediatric Oncology (SIOP 2021). Online virtual.
- 10 Acquati, C., Hibbard, J. H., Soner, E., **Zhang, A.**, & Lonescu, E. (2021, June). The moderating role of informal caregiver's involvement on the relationship between patient activation and adherence to treatment: Implications for self-management intervention in cancer care. Poster presentation at the 2021 American Society of Clinical Oncology: Equity: Every Patient, Every Day, Everywhere. Online virtual.
- 9 **Zhang, A.**, Guz, S., Franklin, C., & Kim, J. (2021, Jan.). *Characteristics of effective school-based, teacher-delivered mental health services for children using meta-regression*. Poster presentation at the 2021 Society for Social Work and Research Annual Conference: Social Work Science for Social Change. Online virtual.
- 8 Bornheimer, L., Wang, K., **Zhang, A.**, Li, J. (2020, Apr.). *Non-fatal suicide behavior trends among adults in the United States from 2009-2017*. Poster presentation at the American Association of Suicidology Annual Conference, Portland, OR.

- 7 Wang, K., **Zhang, A.**, Kim, Y., Padilla, Y. (2020, Jan.). *Proximal social determinants of adolescent health: Findings from the Fragile Families and Child Wellbeing Study*. Poster presentation at the 2020 Society for Social Work and Research Annual Conference: Reducing Racial and Economic Inequality, Washington, DC.
- 6 Guz, S., **Zhang, A.**, Franklin, C. (2019, Jan.). *Intervention characteristics in relation to school-based mental health service outcomes: A secondary meta-analysis*. Poster presentation at the 2019 Society for Social Work and Research Annual Conference: Ending Gender Based, Family and Community Violence, San Francisco, CA.
- 5 **Zhang, A.**, Currin-McColluch, J. A., & Liu, C. (2018, Nov.). *The effects of IPE on Chinese healthcare social workers: An exploratory study*. Poster presentation at the 2018 Council on Social Work Education 64th Annual Program Meeting: Expanding Interprofessional Education to Achieve Social Justice, Orlando, FL.
- 4 **Zhang, A.**, & Ji, Q. Y. (2017, Oct.). *Solution focused brief therapy in managing Chinese parents' distress in pediatric cancer: A randomized controlled trial*. Poster presentation at the 2017 Council on Social Work Education 63rd Annual Program Meeting: Educating for the Social Work Grand Challenges, Dallas, TX.
- 3 Padilla, Y., & **Zhang, A.** (2017, Jan.). *How early do social determinants of health begin to operate on children? Results from the Fragile Families and Child Wellbeing Study*. Oral presentation at the 2017 Society for Social Work Research Annual Conference: Ensure Healthy Development of All Youth, New Orleans, LA.
- 2 **Zhang, A.**, & Walsh, C. (2015, Oct.). *Preparing students for transdisciplinary and interprofessional practice within integrative healthcare settings*. Poster presentation at the 2015 Council on Social Work Education 61st Annual Program Meeting: Social Work on the Frontiers of Change, Denver, CO.
- 1 **Zhang, A.**, & Guo, Z. (2015, Apr.). *Demographic, structural and psycho-social variables associated with an individual's internal health locus of control: Results from MIDUS II*. Poster presentation at the 2015 St. David's CHPR Annual Conference: Preventing Chronic Disease across the Lifespan, Austin, TX.

INVITED LECTURES AND WORKSHOPS

- 37 **Zhang, A.**, Waters, A., & Gilman, M. (2025, October). Emotional health & wellbeing for AYAs with cancer. *Adolescent and Young Adult Cancer Coalition Conference 2025: Implementing Improvements in AYA Care for Vulnerable Populations*.
- 36 **Zhang, A.**, Barnett, M., Sisk, B. (2025, October). Special needs of adolescent young adults living with serious illness. *Breakout Sessions at the Memorial Sloan Kettering Cancer Center 6th Annual U.S. Celebration of World Hospice and Palliative Care Day. A Virtual Coming Together*.
- 35 Currin-McCulloch, J., & **Zhang, A.** (2025, October). The current state of palliative care research for AYAs with cancer. *Weekly Didactic at the University of New Mexico School of Medicine Division of Palliative Care*.
- 34 **Zhang, A.** (2025, July). Utilizing the generic cognitive model of CBT for individuals living with a cancer diagnosis: An advanced clinical workshop. *Virtual Webinar invited by Department of Social Work at Memorial Sloan Kettering Cancer Center*.
- 33 **Zhang, A.**, Clara, A., Cava, S., & Murphy, K. (2025, May). Clinician insights: Bridging practice and research in psycho-oncology. Moderated by Kathryn Post and Jamie Jacobs. *Virtual Webinar by the American Psychosocial Oncology Society*.
- 32 **Zhang, A.** (2025, April). Psychological interventions in cancer care. Online Webinar and Training Workshop by *BIO Venture for Global Health (Africa Access Initiative)*.
- 31 **Zhang, A.** (2024, October). A FORWARD approach to long-term survivorship care for adolescents and young adults living with a cancer diagnosis. Community Conversations on Cancer hosted by the *Wayne State University School of Medicine, Karmanos Cancer Institute, Department of Oncology*.
- 30 **Zhang, A.** (2024, April). Introduction to research synthesis, conceptual foundation, scientific rigor, and technical implementation. Invited presentation to *SOCW 8550 Advanced Research Methods course at the University of Pennsylvania School of Social Policy & Practice* by Phyllis Solomon, Philadelphia, PA.
- 29 **Zhang, A.** & Asvat, Y. (symposium co-chairs) (2024, March). *Invited health equity symposium. Symposium Session* at the 21st Annual American Psychosocial Oncology Society Conference: Advancing Psychosocial Oncology within a Changing Landscape, Albuquerque, New Mexico.
- Ogunsanya, M. Ethical considerations in inclusive research: Development and refinement of a mobile health quality of life app for ethnically diverse black prostate cancer survivors.

- Nayak, M. Evaluation of recruitment methods for a lung health intervention study: Insights from a randomized clinical trial.
 - Jutagir, D. Development of an equity-focused mental health program at a cancer clinic.
- 28 **Zhang, A.** (2023, June). A career pathway in the field of psychosocial Oncology. Invited presentation in the *Rogel Cancer Center Training, Education, and Career Development Program*, Ann Arbor, MI.
 - 27 **Zhang, A.** (2023, Jun.). Career trajectory in the field of psychosocial oncology. Invited presentation in the *Rogel Cancer Center Training, Education, and Career Development Program*, Ann Arbor, MI.
 - 26 **Zhang, A.** (2023, Apr.). Health disparities in psychosocial oncology for adolescents and young adults: A global perspective and the role of the United States. Invited presentation to the *Global Health Alliance at the University of Michigan*, Ann Arbor, MI.
 - 25 **Zhang, A.** (2023, Mar.). Utilizing systematic review and meta-analysis to conceptualize your doctoral study. Invited lecturer to first-year doctoral student at *University of Houston Graduate College of Social Work*, Houston, TX.
 - 24 **Zhang, A.** (2022, June). A career pathway in the field of psychosocial Oncology. Invited presentation in the *Rogel Cancer Center Training, Education, and Career Development Program*, Ann Arbor, MI.
 - 23 **Zhang, A.** (2022, May). Integrated mental health intervention in the field of psychosocial oncology. Invited presentation on career options in oncology. *Building Healthy, Strong Communities Conference*, Ann Arbor, MI.
 - 22 **Zhang, A.** (2022, Mar.). A career in psychosocial oncology research and practice. Panel presentation on career options in oncology. *One Day Closer at the University of Michigan Rogel Cancer Center*, Ann Arbor, MI.
 - 21 **Zhang, A.** (2022, Jan.). Writing and reviewing for quantitative psychosocial oncology research: Effective conceptualization and key benchmarks. Workshop in peer reviewed publications in psychosocial oncology. *Association of Oncology Social Work*, online webinar.
 - 20 **Zhang, A.** (2021, Nov.). Developing and evaluating a fun and engaging cognitive-behavioral therapy for adolescents and young adults diagnosed with cancer. Workshop about ehealth and telehealth for AYAs with cancer. *4th Global Adolescent and Young Adult Cancer Congress*, online program.
 - 19 **Zhang, A., & Franklin, C.** (2020, Aug.). Why SFBT is likely to be more effective for Asian populations than Western clients: A discussion based on empirical and theoretical literature. *SF 24: 24 HR Global Online Conference for the Solution Focused Community*, online conference.
 - 18 **Zhang, A.** (2019, Apr.). Introduction to meta-analysis in program evaluation. Invited presentation at Evaluation in Social Work (MSW Macro Elective). *University of Michigan, School of Social Work*, Ann Arbor, MI.
 - 17 **Zhang, A.** (2019, Mar.). Quantitative social work research methods. Invited presentation at Basic Social Work Research (MSW Core Course). *University of Michigan, School of Social Work*, Ann Arbor, MI.
 - 16 **Zhang, A.** (2019, Feb.). Introduction to meta-analysis: fixed- and random-effect models and meta-regression analysis using the Robust Variance Estimation methods. Invited presentation at Proseminar in Social Work and Social Science (PhD Core Course). *University of Michigan, School of Social Work*, Ann Arbor, MI.
 - 15 **Zhang, A.** (2019, Feb.). Using the systematic review methodology to scope your doctoral research scope: An introduction to systematic review methods. Invited presentation at Proseminar in Social Work and Social Science (PhD Core Course). *University of Michigan, School of Social Work*, Ann Arbor, MI.
 - 14 **Zhang, A.** (2019, Jan.). Introduction to literature review for research proposal and report. Invited presentation at Social Work Research (BSW Core Course). *Texas State University, School of Social Work*, San Marcos, TX.
 - 13 **Zhang, A.** (2019, Jan.). Statistical theories, research synthesis and meta-analysis. Invited presentation at Evaluation of Social Work Service and Practices (PhD Core Course). *Michigan State University, School of Social Work*, East Lansing, MI.
 - 12 **Zhang, A.** (2018, Nov.). Introduction to Solution-focused brief therapy: A strength-based and empirically supported clinical intervention approach. Invited presentation at Social Work Practice Methods: Individuals and Systems (MSW Core Course). *The University of Minnesota, School of Social Work*, Saint Paul, MN.
 - 11 **Zhang, A.** (2018, May). Serving migrant children in China: A comparative Sino-U.S. scoping review of the literature. Invited presentation at the *University of Michigan and Tsinghua University Mini Conference*, Beijing, China.

- 10 **Zhang, A.** (2017, Sep.). Managing quantitative data of effect size estimates in primary studies to conduct a systematic review and meta-analysis. Invited presentation at Colloquium on Social Work Education and Research (Ph.D. Seminar). *The University of Texas at Austin, Steve Hicks School of Social Work*, Austin, TX.
- 9 **Zhang, A.** (2017, Apr.). Probability theories, effect size estimates in the context of meta-analysis. Invited presentation at Data Analysis and Computers II (Ph.D. Seminar). *The University of Texas at Austin, Steve Hicks School of Social Work*, Austin, TX.
- 8 **Zhang, A.** (2016, Dec.). A step-to-step guide to conducting a meta-analysis: Synthesizing quantitative data from different statistical tests. Invited presentation at Introduction to Advanced Social Work Research (MSW Research). *East China University of Political Science and Law, School of Social Development*, Shanghai, China.
- 7 **Zhang, A.** (2016, Nov.). Introduction to Solution-focused brief therapy: A strength-based, future-oriented, and empirically supported clinical intervention approach. Invited presentation at Social Work Practice Methods: Individuals and Systems (MSW Core Course). *The University of Minnesota, School of Social Work*, Saint Paul, MN.
- 6 Currin-McCulloch, J. A., & **Zhang, A.**, (2016, Sep.). The process of conducting a systematic review [and meta-analysis]. Invited presentation at Ph.D. Colloquium on Social Work Research (Doctoral Seminar). *The University of Texas at Austin, Steve Hicks School of Social Work*, Austin, TX.
- 5 **Zhang, A.** (2016, Feb.). Understanding DSM-5: Other conditions that may be a focus of clinical attention. Invited presentation at Differential Diagnosis and Clinical Assessment (MSW Clinical). *The University of Texas at Austin, Steve Hicks School of Social Work*, Austin, TX.
- 4 **Zhang, A.** (2016, Jan.). Collaborating with faculties for research and publication. Invited presentation at Ph.D. Colloquium on Social Work Research (Ph.D. Seminar). *The University of Texas at Austin, Steve Hicks School of Social Work*, Austin, TX.
- 3 **Zhang, A.** (2015, Oct.). The CBTs and CBT: From theory to practice. Invited presentation at Theories of Social Work Practice (Ph.D. Seminar). *The University of Texas at Austin, Steve Hicks School of Social Work*, Austin, TX.
- 2 **Zhang, A.** (2014, Dec.). An introduction to the Solution-Focused Brief Therapy: An evidence-based intervention. Invited presentation at Social Work Practice Methods: Individuals and Systems (MSW Core Course). *The University of Minnesota, School of Social Work*, Saint Paul, MN.
- 1 **Zhang, A.** (2013, Mar.). Theories and applications of cognitive-behavioral therapy in social service and clinical settings. Invited presentation at Cognitive-Behavioral Therapy with Children and Adults (MSW Elective Course). *The University of Pennsylvania, School of Social Policy & Practice*, Philadelphia, PA.

Methodological and Clinical Trainings Presented (Invited):

- 10 **Zhang, A.** (2023, Nov.). Using meta-analysis to inform evidence-based social work practice: Basic and advanced methods. Invited workshop presentation by the *University of Pennsylvania School of Social Policy & Practice*, Philadelphia, PA.
- 9 **Zhang, A.** (2023, Oct.). Integrating theories into social work intervention research. Invited workshop presented by *The University of Texas at Austin Steve Hicks School of Social Work*, Austin, TX.
- 8 **Zhang, A.** (2020, Nov.). Methodological rigor of conducting a systematic review and meta-analysis study: Theoretical conceptualization and statistical analysis. Invited workshop for *East China Normal University*. Shanghai, China.
- 7 **Zhang, A.** (2019, Sep.). Conceptualizing manuscript for publication in peer reviewed journals: The integrative use of theoretical frameworks and empirical evidence. Invited workshop for *HuaZhong University of Science & Technology School of Sociology*. Wuhan, China.
- 6 **Zhang, A.** (2017, Aug.). Conducting intervention research in hospital settings: Research design, implementation, data analysis and manuscript writing (6 hours). Invited workshop for the *Shanghai Medical Association, Medical Social Work Branch*. Shanghai, China.
- 5 **Zhang, A.** (2017, Jul.). Representative techniques of cognitive-behavioral therapy and its third wave approaches. (2 days, 16 hours). Invited workshop for the *Shanghai Association of University Counseling Services*. Shanghai, China.
- 4 **Zhang, A.** (2016, Jul.). Reviewing DSM-5: Updates and major changes. Invited workshop (3 hours) for *Shanghai Children's Medical Center affiliated to Shanghai JiaoTong University Medical School*. Shanghai, China.

- 3 **Zhang, A.** (2016, Jul.). Advanced training in Cognitive Behavioral Therapy: The generic cognitive theory and its application (2 days, 16 hours). Invited workshop for the *Shanghai Association of University Counseling Services*. Shanghai, China.
- 2 **Zhang, A.** (2015, Dec.). Introduction to the practice of solution-focused brief therapy: A language game. Invited workshop (2 days, 12 hours) for the *Mental Health Committee, China Federation of Social Work*. Shanghai, China.
- 1 **Zhang, A.** (2015, Jul.). Core components and theoretical foundations of the Cognitive Behavior Therapy: Understanding the theory to improve practice competency. Invited workshop (2 days, 12 hours) for the *Shanghai Association of University Counseling Services*. Shanghai, China.

TEACHING & MENTORING EXPERIENCE

PhD Qualifying/Dissertation or Medical Fellowship Research Committee

Dissertation Committee Member. Jennylee Swallow, PhD student at the University of Michigan Medical School Learning Health Sciences, <i>Dissertation Committee</i> .	2023 ~ 2025
Dissertation Committee Member. Elizabeth Randolph, PhD student at the University of Michigan Medical School Learning Health Sciences, <i>Dissertation Committee</i> .	2023 ~ 2025
Pediatrics Fellowship Research Committee Member. Aarti Kamat MD, pediatric fellow at the C.S. Mott Children's Hospital, <i>Research Committee</i> .	2022 ~ 2023
Dissertation Committee Member. Stephanie Palmer, PhD candidate at the University of Michigan School of Kinesiology, <i>Dissertation Committee</i> .	Spring, 2023
Dissertation Committee Member. Thea Senger, PhD student at the University of Michigan School of Nursing, <i>Dissertation Committee</i> .	Winter, 2023
Dissertation Committee, Member. Chi-Lin Yu, PhD student at the University of Michigan Department of Psychology, <i>Dissertation Committee</i> .	Winter, 2023
Qualifying Exam Committee Member. Stephanie Palmer, PhD student at the University of Michigan School of Kinesiology, <i>Candidacy Qualification Exam</i> .	Spring, 2022

Doctoral Level Courses

6 Instructor and Course Developer: <i>SW 851 Statistical Methods in Social Sciences II</i> University of Michigan School of Social Work	Winter, 2024-25
5 Instructor and Course Developer: <i>SW 850 Statistical Methods in Social Sciences I</i> University of Michigan School of Social Work	Fall, 2023-25
4 Instructor and Course Developer: <i>SW 865 Meta-Analysis</i> University of Michigan School of Social Work	Winter, 2020-24
3 Instructor and Course Developer: <i>SW 863 Applied Structure Equation Modeling</i> University of Michigan School of Social Work	Fall, 2019-20, 22 Fall, 2025
2 Instruction Assistant: <i>SW 833 Grant Writing for Extramural Research</i> University of Michigan School of Social Work	Winter, 2019
1 Instruction Assistant: <i>SW 390 Theories of Social Work: From Conceptualization to Application</i> The University of Texas at Austin, Steve Hicks School of Social Work	Fall, 2015-16

Master's Level Courses

10 Field Supervisor: Field Placement at Michigan Medicine AYA Oncology Program → [7 field interns in 19-22; 3 field interns in 22-23; 1 field intern 23-24]	2019-23
9 Instructor and Course Developer: <i>SW 759 Introduction to DSM-5-TR</i> University of Michigan School of Social Work	Winter, 2023
8 Instructor and Social Work Faculty Lead: <i>SW 714 Team-Based Clinical Decision Making</i> Interprofessional Education (IPE) across University of Michigan Health Science Schools (Dentistry, Medicine, Nursing, Pharmacy, Social Work)	Winter, 2022-24

- 7 **Instructor and Course Developer:** *SW 759 Social Work Practice with Asian Pacific Islander Clients: A Macro to Micro Perspective* University of Michigan School of Social Work Fall, 2021
- 6 **Instructor and Course Developer:** *SW 601 Applied Assess. Skills in Integrated Health, Mental Health and Substance Abuse* University of Michigan School of Social Work (Online Program) Fall, 2021
Winter, 2022
Spr/Su, 2022
- 5 **Instructor:** *SW 630 Advance Clinical Social Work Practice in Integrated Healthcare* University of Michigan School of Social Work Spr/Su, 2020
- 4 **Instructor:** *SW 510 The Art and Science of Clinical Social Work (Mini Course, 1 credit)* University of Michigan School of Social Work Fall, 2019-20
- 3 **Instructor:** *SW 606 Mental Health and Mental Disorders in Adulthood* University of Michigan School of Social Work Winter, 2019
Spr/Su, 2019-21
- 2 **Instruction Assistant:** *Foundation for Interprofessional Collaboration* The University of Texas at Austin Dell Medical School 2016 – 2017
- 1 **Instruction Assistant:** *SW 393 Clinical Assessment and Differential Diagnosis* The University of Texas at Austin Steve Hicks School of Social Work Spring, 2015-16

Bachelor's Level Course

- 1 **Instructor:** *SW 332 Practice with Individuals and Families* The University of Texas at Austin Steve Hicks School of Social Work Spring, 2017

Other Mentoring Activities

- Research Mentor** for Addison Rapport, Byram Hills High School students, for her participation in the 2024 Regeneron Science Talent Search 2023 – 2024

AWARDS/RECOGNITIONS

- 2025 Stanford/Elsevier Top 2% Scientists List
2025 World's Top 2% Scientists
- 2025 Fernandez, J. A. & Fernandez, J. A. (2025). Mapping the Landscape of Solution-Focused Brief Therapy: A Bibliometric Analysis. *The American Journal of Family Therapy*, <https://doi.org/10.1080/01926187.2025.2472775>
Third Most Productive Researcher of Solution-Focused Brief Therapy
- 2025 University of Pennsylvania School of Social Policy & Practice
Penn SP2 Alumni Hall of Fame
- 2024 ~ 2025 University of Michigan School of Social Work PhD Programs
Certificate of Appreciation for Contributions
- 2024 American Psychosocial Oncology Society
The Avery D. Weisman & J. William Worden Award for New Investigators
- 2024 University of Michigan School of Social Work
Innovations in Research and Teaching Award
- 2024 MD Anderson Cancer Center | Cancer Prevention Training Program
Trainee of SGM Cancer Research (competitively selected)
(Funded by NCI 1R25CA265802)
- 2023 ~ 2025 Cambia Health Foundation Sojourns Scholar Leadership Program
Sojourns Scholar
- 2023 ~ 2024 University of Michigan Eisenberg Family Depression Center
(Selected) Principal Investigators
Research Incubator Program
- 2023 NYU Langone Health
Travel Scholarship Recipient for The Science of Cancer Health Equity in SGM Communities

	(Funded by NCI CME Travel Fund)
2023	American Psychosocial Oncology Society (APOS) <i>2023 APOS Health Equity Scholar</i>
2022	University of Michigan Center for Interprofessional Education <i>2022 Michigan Center for IPE Award for Innovation and Excellence</i>
2021	Harvard Medical School Center for Palliative Care <i>Trainee of Research Methods in Supportive Oncology (competitively selected)</i> (Funded by NCI 1R25CA181000)
2019	University of Michigan Center for Interprofessional Education <i>Interprofessional Leadership Fellows</i>
2018	The University of Texas at Austin Graduate School <i>Dissertation Writing Fellowship (\$10,000)</i>
2016 ~ 2017	The University of Texas at Austin Graduate School <i>University Named/Endowed Continuing Fellowship for Doctoral Education (\$28,000)</i>
2016	Joint World Conference on Social Work, Education and Social Development 2016 <i>Solidarity Scholar (and Scholarship Recipient) (\$1,500)</i>
2016	Columbia University Population Research Center <i>Fragile Families and Child Wellbeing Study Fellow, Summer Data Institute (\$600)</i>
2015	The University of Texas at Austin Office of Graduate Studies <i>Professional Development Award for CSWE Presentation</i>
2015	The University of Texas at Austin Steve Hicks School of Social Work <i>Stella Churchill Mullins Endowed Presidential Scholarship in Social Work</i>
2014	The University of Texas at Austin Steve Hicks School of Social Work <i>David M. and Zuria F. Austin Endowed Graduate Fellowship</i>
2014	The University of Texas at Austin Graduate School <i>Graduate School Recruitment Scholarship (\$22,000)</i>
2011	University of Pennsylvania Graduate Student and Professional Student Assembly <i>President Gutmann's Leadership Award (\$800)</i>
2010 ~ 2012	University of Pennsylvania School of Social Policy & Practice <i>Dean's Merit Scholarship</i>
2010	Fudan University <i>University Distinguished Undergraduate Thesis Award</i>

SERVICE

Grant Reviewer

2025	Ad Hoc LOI Reviewer , Children's Cancer Research Fund, Survivorship Award → 10 stage-one LOI applications; 5 stage-two full applications
2025	Ad Hoc Reviewer , Health Research Board (HRB), Ireland. → 1 assignment
2024	Early Career Reviewer , National Institute of Health (NIH), Lifestyle and Health Behaviors Study Section. → 2 assignments
2024	Ad Hoc Reviewer , St. Baldrick's Foundation Research Grant Committee → 5 assignments (2 primary, 2 secondary, 1 tertiary)
2024	External Reviewer , Children's Cancer and Leukaemia Group (United Kingdom), Children, Teenagers, and Young People mechanism. → 1 assignment
2023 ~ 2024	External Reviewer , Grand Challenges for Social Work Doctoral Awards, Close the Health Gap Committee → 5 assignments (2 primary 3 secondary)
2021 ~ Present	External Reviewer , Hong Kong Research Grants Council (equivalent to NSF in the U.S.) – Research Grant for Early Career Scholars (equivalent to K01 in the U.S.) → 1 review in 2021, 1 review in 2022, 3 reviews in 2023, 3 reviews in 2024,

6 reviews in 2025
 2022 ~ 2023 *Ad Hoc Reviewer*, St. Baldrick's Foundation Psychosocial Grant
 → 2 assignments
 2019 ~ 2020 *Ad Hoc Reviewer*, St. Baldrick's Foundation Psychosocial Grant
 → 2 assignments

Cochrane Reviewer (with Membership)

2019 ~ Present *Invited Ad Hoc Reviewer*, The Cochrane Developmental, Psychosocial, and Learning Problem (CDPLP) Review Group

Refereed Journal Editorial Leadership

Editor-in-Chief

12/2025 ~ Present *Editor-in-Chief*, Psycho-Oncology: Journal of the Psychological, Social, and Behavioral Dimensions of Cancer. (**IF**: 3.5)

Associate/Academic/Guest Editorship

2025 ~ Present *Academic/Associate Editor*, European Journal of Cancer Care. (**IF**: 1.8)
 2024 ~ Present *Associate Editor*, Journal of the Society for Social Work and Research. (**IF**: 1.9)
 2025 *Associate Editor*, Psycho-Oncology (**IF**: 3.3)
 2023 *Guest Editor*, International Journal of Environmental Research and Public Health (**IF**: 4.61). Special Issue: Mental Health of Cancer Patients and Caregivers.
 2022 ~ Present *Associate Editor*, Systematic Review (**IF**: 3.14)
 2020 ~ 2025 *Associate Editor*, Journal of Psychosocial Oncology (**IF**: 2.23)
 2023 *Handling Associate Editor*, Frontiers in Psychiatry (**IF**: 5.43)
 2022 *Handling Associate Editor*, Frontiers in Psychology (**IF**: 4.23)
 2022 ~ 2025 *Review Editor*, Frontiers in Pediatrics, Social Pediatrics Section (**IF**: 3.57)

Editorial Board

2024 ~ Present *International Advisor*, Australian Social Work (**IF**: 1.80)
 2022 ~ Present *Advisory Editor*, Family Process (**IF**: 4.32)
 2021 ~ Present *Editorial Board*, BMC Psychiatry
 2018 ~ Present *Consulting Editor*, Social Work Research
 2018 ~ 2020 *Editorial Board*, Journal of Psychosocial Oncology

Journal Ad Hoc Peer Reviewer

Oncology/Cancer Journals

- Journal of the National Cancer Institute
- Journal of Adolescent and Young Adult Oncology
- Psycho-Oncology
- Supportive Care in Cancer
- Cancers
- Journal of Clinical Oncology, Oncology Practice
- Cancer Medicine
- Frontiers in Oncology

Social Work Journals

- Journal of the Society for Social Work and Research
- Social Work in Health Care
- Clinical Social Work Journal
- Children and Youth Services Review
- Journal of Gerontological Social Work
- Social Work
- Social Work Research

Health and Mental Health Journals

- Journal of Affective Disorders
- Depression and Anxiety
- The Lancet Regional Health – Western Pacific
- The International Journal of Psychiatry in Medicine
- Canadian Journal of Behavioural Science
- Social Science and Medicine
- Australian Psychologist
- Journal of Pediatric Psychology
- Journal of Pediatric Nursing
- Journal of Clinical Medicine
- Journal of Positive Psychology
- International Journal of Mental Health and Addiction
- Journal of Clinical Nursing
- Child Psychiatry and Human Development
- Youth and Society
- Psychiatric Services
- Cognitive Therapy and Research
- American Journal of Geriatric Psychiatry
- Sociological Perspectives
- Clinical Child Psychology and Psychiatry
- Cogent Psychology
- Clinical Medicine Insights – Psychiatry
- Journal of Behavioral and Cognitive Therapy
- Journal of Affective Disorders Reports
- PLOS ONE
- Complementary Therapies in Clinical Practice
- Healthcare
- Behavioral Sciences

Conference Reviewer

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|------|---|
| 2024 | Poster Award Judge for the 2024 American Psychosocial Oncology Society (APOS) Annual Conference. |
| 2023 | Ad Hoc Reviewer for 2024 American Psychosocial Oncology Society (APOS) Annual Conference: symposium submission (6) and poster/podium submission (20). |

SSWR Annual Conference Session Moderator

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|------|---|
| 2025 | Session Moderator for Concurrent Paper Session “Innovative Intervention and Behavioral Models in Chronic Disease Management”. SSWR 2025 Annual Conference “Strengthening Social Impact through Collaborative Research”. |
| 2021 | Session Moderator for Concurrent Paper Session “ <i>Social Work Practice and Technology</i> ”. SSWR 2021 Annual Conference “Social Work Science for Social Change”. |
| 2017 | Session Moderator for Concurrent Paper Session “ <i>Research Related to Women and Children</i> ”. SSWR 2017 Annual Conference “Ensure Healthy Development of all Youth”. |

U-M School of Social Work Service Appointments

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|-------------|--|
| 2025 | Member (elected), Executive Committee |
| 2024 ~ 2025 | Member , Lecturer Advisory and Review Committee |
| 2023 ~ 2024 | Member , Search Committee |
| 2022 ~ 2023 | Member , Promoting Action for Intersectional Social Justice Committee |
| 2022 ~ 2024 | Member , Office of Field Education Taskforce |
| 2020 ~ 2022 | Member , Lecturer Advisory and Review Committee |

2019 ~ 2020 *Member*, Academic Concerns Committee

Other Service Appointments

National/International-Level Services

2025 ~ Present **Member**, Workstream 1 (Serious Health-Related Suffering), The Lancet Respiratory
Medicine Commission
2024 ~ Present **Member**, SSWR Communications and Publications Committee
2024 **Member**, APOS Health Disparity Scholar Selection Committee
2022 ~ Present **Chair**, Education Committee, Adolescent and Young Adult Cancer Alliance
2022 ~ Present **Leader**, Research Group, St. Jude Hospital AYA Oncology National Think Tank
2021 ~ Present **External Thesis Advisor**, Department of Innovative Social Work, City University of
Macau
2019 ~ Present **Co-Chair**, CSWE – Asian and Pacific Islanders Social Work Association Mentoring
Program
2020 ~ 2022 **Deputy Chair**, International Psycho-Oncology Society, Survivorship Special Interest
Group
2015 **Volunteer**, 2015 Society for Social Work Research Annual Conference

Local/Community-Level Services

2024 ~ Present **Member**, The University of Texas School of Social Work Alumni Association Board
2022 ~ Present **Chair**, Program Committee, Cancer Support Community at Greater Ann Arbor
2021 ~ 2025 **Board of Directors**, Cancer Support Community of Greater Ann Arbor
2019 ~ Present **Board of Directors**, Asian Center of Southeast Michigan
2020 ~ 2021 **Member**, Program Committee, Cancer Support Community at Greater Ann Arbor
2015 ~ 2016 **Member**, Advisory Committee to the Associate Dean of Doctoral Education, The
University of Texas at Austin, Steve Hicks School of Social Work
2011 ~ 2015 **Chief Operating Officer**, China Development Interest Group, University of Pennsylvania

CLINICAL EXPERIENCE

2015 ~ 2016 **Clinical Research Intern for Integrated Healthcare**
CommUnity Care Service, Inc. | Department of Primary Care Medicine, TX
2013 ~ 2014 **Behavioral Health Consultant**
Greater Philadelphia Health Action | Department of Internal and Family Medicine, PA
2012 ~ 2014 **Psychotherapist III for Mental & Behavioral Health**
Greater Philadelphia Health Action | AI-Assist Behavioral Healthcare Department, PA
2011 ~ 2012 **Psychiatric Social Work Intern**
University of Pennsylvania Health System | Pennsylvania Hospital (Hall-Mercer), PA
2011 **School Social Work Intern**
Lutheran Children and Family Service | BOOST Program, PA
2010 **Behavioral Health Intern**
Northern Home for Children and Family | Department of Residential Service, PA
2009 ~ 2010 **Pediatric Behavioral Health Consultant**
Shanghai Children’s Medical Center | Pediatric Psychology & Psychiatry Lab, Shanghai
2009 ~ 2010 **Administrative and Clinical Specialist**
Project HOPE | Project HOPE Shanghai Office, Shanghai
2009 **Social Work Intern**
Shanghai Bureau of Civil Affair | 2009 National Post-Seismic Relief Program, Shanghai
2007 ~ 2009 **Medical Social Work Intern**
Shanghai Children’s Medical Center | Department of Medical Social Work, Shanghai

PROFESSIONAL MEMBERSHIP

- Society for Social Work and Research
- Council on Social Work Education
- Association of Oncology Social Work
- American Psychosocial Oncology Society
- International Psycho-Oncology Society
- American Academy of Hospice and Palliative Medicine
- Academy of Cognitive & Behavioral Therapies
- Adolescent and Young Adult Cancer Alliance

CLINICAL LICENSE

2024 ~ Present	Oncology Social Work – Certified, Board of Oncology Social Work Certification: OSW-C#2120
2019 ~ Present	Licensed Master’s Social Worker - Clinical, Michigan Bureau of Professional Licensing: 6801104222
2014 ~ Present	Licensed Clinical Social Worker, Pennsylvania Department of State: CW018463
2014 ~ Present	Diplomate and Certified Therapist, The Academy of Cognitive & Behavioral Therapies
2014 ~ Present	Academy of Certified Social Workers, The National Association of Social Worker